

**THE 21ST-CENTURY  
SOLDIER, PART 2:**

Or, How I Got My  
Sorry Ass the Hell  
Out of  
the Army

**BRITTANY  
MURPHY**  
A Woman  
We Love



# Esquire

Man at His Best

April 2005

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A male model with short brown hair is seated in a white, modern-style chair. He is wearing a dark navy blue suit jacket over a light-colored shirt with thin vertical stripes in blue, green, and red. A wide, colorful tie with a large paisley pattern in shades of green, blue, and yellow is worn over the shirt. A matching patterned pocket square is visible in the jacket's breast pocket. The model is looking directly at the camera with a neutral expression. The background is a plain, light-colored wall.

*Ralph Lauren*

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## PENNY MARSHALL'S BIRTHDAY BASH Sponsored by Chrysler and Maker's Mark

Acclaimed director and avid sports buff Penny Marshall celebrated her birthday in style at The Esquire House. The gifted guest list included close friends such as Jason Timberlake, Cheryl Markers, Eddie Margis, Cuba Gooding, Jr., Bill Maher, Barry Berman, Ivan Dratch, Robert Downey, Jr., Kevin Kline, and former "Laverne & Shirley" actress, Cindy Williams. In lieu of gifts, Penny requested guests make donations to the West Coast NAA, National Players Organization and the Life as Purpose Foundation, which provides computer literacy programs for at-risk youths.

1. Esquire Associate Publisher Stephen Jacoby and Lisa Ann Saxe 2. Ivan Dratch and Rebecca Seidman 3. Bill Maher 4. Penny Marshall 5. Cuba Gooding, Jr. 6. Eddie Margis 7. Barry Berman 8. Q. Miller



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The cast of "The O.C." took center stage for an impressive performance at The Esquire House to benefit Youth Inc./Young Story. Before the show, guests enjoyed over Tag Heuer's renowned Formula One chronograph as they entered the stage area. The main act included the young stars performing songs, written and directed by fourth graders that were then taped by some of entertainment's top talents.

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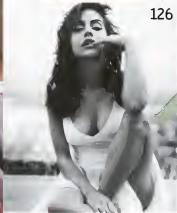
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► **MONOTONY IS THE DEVIL** We know  
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we have a remedy.

► **A CLEAN MIND** A consultant on with the  
guy who taught Alex Rodriguez and Ray  
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ON THE COVER: Remastered from photographs exclusively for Esquire by Peter Lindbergh. Styling by Robert Shapiro for AFD Management. Hair by Sue Webster for Esquire. Makeup by T. Adkins for Storybook. Shoes: Photograph by AFD Styling.

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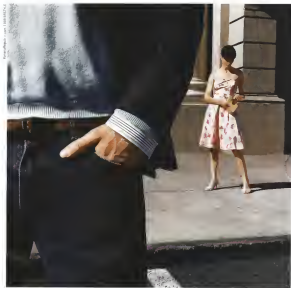
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Even years later he would let Claire think she saw him first.

## Style

Playing *girl* is hard enough. Looking good while doing it shouldn't have to be (**The Esquire Catalog**, page 55). The best of spring's new dress shoes float above the rest (**Hangin'**, page 130). The finest new writers in America are a hard-bitten lot who write tales of war, danger, drinking, and desperation. Hallelujah (**Bad Attitudes**, page 138).

Actor Jake Gyllenhaal, right, returns to his roots as a writer-director. (page 138) Claire Danes, left, returns to her roots as a writer-director. (page 138) The best of spring's new dress shoes float above the rest. (page 130) The finest new writers in America are a hard-bitten lot who write tales of war, danger, drinking, and desperation. Hallelujah. (page 138)

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## Esquire

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## David Granser

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### INTRODUCTION

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Item 52. Chair Workshop

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# (Contributors)

"People must think it's a bustle because of the way I draw. When I'm doing them, they're just drawings from memory," says illustrator OLIVIO NUÑEZ, whose work accompanies both last month's "The Making of the Beatles" (page 10) and this month's "Fast 2" (page 108). "For the piece 'Lost Marjorie,' I was intrigued knowing where I was going to go with it," says Hughes. "Then all of a sudden I thought, 'Well, it's probably there a little bit, so I can't go there.' They're doing it, so I can't go there." Along with his work in each publication, Hughes, who lives outside London, also writes and illustrates children's books. His book *Get Her Dog* is scheduled for July by Abrams, followed next year by a children's version of *The Handmaid's Tale*.



"As a rule, contributors know they have to talk to you, but they don't really want to share themselves with you. They don't really think that's for you," says writer at large MICHAEL SEGRE, who interviewed Benicio Del Toro for this month's cover story, "Being the Top Gunner" (page 121), and also talked with Willem Dafoe over fromman Scott Weiland on Weiland's account of his own addiction. "The Best Gives You the First Time for Free" (page 132) while a book del. I got some time to relax and open up during the interview. Segre's experience with Weiland was quite the opposite. "I'm not sure I know what to say, his work is so good," says Segre. "But Scott feels so much more relaxed. He had something to get off his chest. So he was extremely honest and forthcoming."



This month we welcome ESKO, the best visual and mascot of the magazine, back to these pages as the fourth his image (previously managed by Bradley Roberts of Cannon One) to the magazine awarded his winners of the first annual Esquire Music Awards. Originally conceived by the artist E. Simon Campbell, the first black cartoonist to regularly contribute to a major American magazine, Esquire appeared in Esquire from the second issue in 1950 until his departure in the late 1960s, when Campbell moved to Switzerland. Esquire is back around especially since—and we even lost touch with him for a while, but reuniting for the Esquire Music Awards was too good to pass up. Esquire's "Esquire's First" but the chance to work with Esquire was too much to resist." The Esquire Awards begin on page 62.



A self-described "diagrammatic believer" in the science of longevity, regular contributor CURTIS PERINI, whose work here is a study of the art of the long life, is the director of the Health Center in Scottsdale, Arizona. For this month's feature "A Different Life Journal" (page 120), Perini is following a 10-year-old fitness routine for six months. Perini saw undeniable results. His blood numbers, weight, and body composition are all excellent. "What you learn in this life is that what used to be just most interesting in most people," says Perini, who has just published *The Golden Cancer Survivor's Guide* (May 1998). "There is definitely a connection between your aerobic fitness and longevity. If you do a little something, any regular vigorous exercise, you can keep the blood numbers of a younger man."





TOMORROW  
ADDRESSING  
NEGATIVE THOUGHTS  
I'LL TAKE  
AN AIDS TEST.

THOMAS M. WYLS ROO...  
-K...

...STORED 1 800 42...

TOMORROW  
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MY NEIGHBOR'S  
NEWSPAPER,  
I STILL HAVEN'T  
FINISHED THEIR  
MAGAZINE.



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## The Sound and the Fury

**AN INVITING AND, YES, LEGAL** Scarlett Johansson played the siren for our February issue. Inside, we celebrated 2004's gaffes with our annual Dubious Achievements (sorry, Geraldo—not this year), and Tom Chiarella tested his bartering skills on everything from a TiVo to a tube of toothpaste. Also, as George W. Bush embarks on his second term, war strategist Thomas P.M. Barnett, economist Jeffrey Sachs, and writer at large Tom Junod used the occasion to advise him on how to spend his newfound political capital.

Thomas Barnett's excellent article ("We Preside: Harris Has to Make Sense of War Second Term, Rescue Your Legacy, and Oh Yeah, Create a Future Worth Living")<sup>1</sup> captured that rare balance of the inspiring, the innovative, and thought-provoking. However, "That will never do" was the main thought that ran through my mind as I read it. Creating Debt Ceiling maximizing the administration's brilliant intentions toward Iran on their evening's newscast was definitely confirmed at

Barrett's analysis pays no attention to the foundations of the Islamic Republic—the religion-*as* myth, or "regency of the scholars." This deterministic model is inherently repressive and constrained by a structural representation of religious ideology. Barrett refuses to accept that there is no dealing with such a regime: that "enlight" secularism in Islam will not be able to get any strategic resources from the middle.

PATRICIA LEVINE, New York, NY

Jeffrey Sachs's convoluted dissertation on the state of the world ("What the President Doesn't Want to Hear") is both irrelevant and unnecessary. Yes, we all live on the same planet, and we must take care of it. (Look, just fifteen words in five sentences!) But looking the other way while innocents are being denied the dignity and rights will not be tolerated by us here, representatives United States.

Michael HARRIS, *Redeemer Ridge, W.*

You almost convinced me. After reading Secher's three-page article in which he substantiated almost thirty-five points

As very few good donors of our personal income to help Africa, I passed most facts on his message. Then I turned the page to *Esquire's* fourteen-page fashion section about Hollywood's hottest talent putting on their \$500 shirts and \$2,000 suits, and I thought, The heck with Africa. Let them eat cake.

It is often unclear, therefore, why the book is so important. It is important, I think, because it is so honest. It is honest about the fact that we are often reluctant to do so because they're sensitive about appearing to pass judgment on others and appearing self-righteous. But liberals are pre-fragility and pre-community, believe in the well-being of every human, and want a better life for all. Parents and teachers have to figure out how to do this responsibly, and caring young people need the support that these values can provide as a foundation balance between a celebration of positive values and the proscribing of truly heinous conventions.

CAROL RABICOFF, *Chickadee, MA*

**WAXING BEAUTIFUL**  
Striding through the Hollywood Wax Museum with Scarle at Johansson's, writer Chris James learned firsthand what makes her so appealing—aside from the obvious.

His cover photo of Scarlett Johansson is the most arresting, alluring, sexy image of a woman I have seen in my long life. Until now I thought no woman could ever surpass Sophia Loren in *Day and Night*. I was wrong. And the fact that Johansson seems to have already



and a sense of humor makes her almost too perfect to be real.

**CAROL S. SCHWARTZ, Morgan Hill, Calif.**

If Alfred Hitchcock were still alive, Scorsese's *Johansson* would be his leading lady. She's got it all: Great story—and pluses.

SCOTT MARSHALL, *Laguna Niguel, Calif.*

**LET'S MAKE A DEAL.** A few seasons ended pursuant for thrift store all-winner at large Tim Chiswick needed as he set out to prove that everything has its price—silver price ("Magpie for Hot Days")

On the left's rather tongue-in-cheek side, single mothers (the level of institutional acceptance on the part of the American people) We have essentially become economic victims and -women. The only bastions of haggling left in America are yard sales and flea markets.

**MICHAEL LOON, Bowling Green, Ohio**

I love Chazelle's movies but was especially delighted by this one. He seems to like to mix it up, to end the monotonous drudgery of life by throwing a wrench into an otherwise mundane situation and trying something unexpected or new. I like that. I hope he has lots more ideas for experiments.

June 5 SUNDAY, Houston, Tex

Letters to the editor may be mailed to The Second and Third Party (Expense) FO Box 100, Sam Houston (TX 77445). Also, Expense encourages the use of fax (282-443-4000) and e-mail (see expense@theaiaa.com) as well as the Internet at expense.com/aiaa. Include your full name, address, and daytime phone number. Letters may be edited for length and clarity.

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• **Pulse** is swirling: A horror production by Shogun. The change in environment is a sign of a high-quality feature film (Sarah Kiehn/Globe)

## Comin' to Getcha

The latest Japanese import? Pure, unadulterated fear.

**THE MOST TERRIFYING MOMENT** I've ever experienced is a movie I saw (happened) four years ago, at the Toronto Film Festival, roughly half an hour into a Japanese picture called *Pulse*. Like most Japanese horror films of the past century, *Pulse* is a ghost story, a killer mach movie. It's about a television network that has been in U.S. film halls, it's produced in a kind of anime technology, with a plot involving a haunted website. The scene that got the hair on my forearm and the back of my neck doing the work alone comes suddenly too quick. It's also probably the scariest in that it achieves its effect not by being overly threatening but by being almost completely imperceptible.

In this scene, a young woman enters a "horror dome" room—one of several in the film that's been previously seen off to the bright and distracting—suddenly empty. After moments, she hears a young woman's screams behind the door and walks slowly toward them. And that's it. Inevitably, her job here has been completed.

by some eerie music and lighting. What's bizarre is that, about the moment we see our knowledge that the woman is a ghost, not as it any conscious intent visible in her actions, if anything, she just looks nervous. No, what's frightening is the way, carefully, deliberately, her gut and, in particular, the way her progress is haltingly interrupted at one point by a truly subtle stop—on a sharp loss of focus control that we can't see, we can't see it, it's like a Kubrick dance step. That's about it for a moment. What was the last time you saw a movie's restraint force of evil visible in such a subtle way?

Amazing horror movies, whatever their technicality, usually never ignore that sense of uncertainty, the uncertainty that's rational to a luxury we can no longer afford. What's a cold, because most of the horror movies coming out of Hollywood these days are actually fairly

fantasies of 2-hour movies. The phenomenon was kicked started these years ago by the success of *The Ring*, inspired by Helen Naik's *Ring*, then months later the release of the incredible *Ring Two*, loosely based on the original's sequel. Last Halloween's sleep-in sensation, *The Grudge*, is entirely a scene by scene reconstruction of a film called *It's the end of the world as we know it*, which was the last of the series. Another *Malina* remake, *Dark Matter* arrives in multiplexes this August, with Jennifer Connelly in the lead role. Even *Pulse*, for all away the smart and least accessible of the series, was topped up by Dimension which planned a version starring Keanu Reeves and directed by Wes Craven. Though the project was ultimately shelved.

Critics and moviegoers alike don't seem to mind the popular Hollywood film's violence—usually opportunistic, not to be confused with the Japanese counterpoint. But look critical tradition. The spooky, uncomfortable of the original does a considerable amount of



Owen's



protestations, and that's a theme that the American novelists have appropriated throughout the past century. For example, in a small town like this, where everyone knows each other, the only way to attain personal freedom is through the greatest work to be ever done by the white bourgeoisie. Granted, that isn't a happy proposition, but if you and me know that something terrible is going to happen, and if we never, a little while that needs not exist in a longer or shorter time, it is at least a little more to be done with the town, so we can call it a victory in long distance and in meaning. We because of evading some seriously bloody work, and in so doing to be able to take the long cross-country drive to the victim's house. And even more to keep calling it periodically in some way with updates? In the Midwest, we have truck men who will not let the victim's house be visited on the Southern road to us. <sup>11</sup>

**8/11/16 8:55** Jan has the movie *Whispering The Ring* available online during the lunch break we're taking, adding a pretty tough listening, at the moment, as I sit in front of a flat screen in the main classroom, investigating reports Rachel Keller. The first time we see Rachel, she arrives to pick up her youngest son at school, where she has the somewhat of a teacher looking into his misbehavior to tolerance. His Compassion for Rachel is clear: Rachel's pregnant, lives on the outside desk, working over her management, leg and so forth, all ready to break, ready to hold it all together. The single greatest thing Rachel's most about the women who makes it all her own about Rachel's mind because over the course of the entire film.

[illegible]

So if it's worth making an effort to remain true to the emotional *grain* that made *It* a home away from home for so many in the first place, even if that entails inventing the dogmatically literal-in-bias. The means-preserving the essential strengths that make the Japanese film, despite their willful absence of psychology and their unbridled reliance on the power of suggestion, so awfully big creepy. Take the latter ride-in *Angus*. Most of its images are daunting precisely because they connect nothing in particular when the (bad) king's version in *The Rings* chockablock with *dark* (pointing to the already dark *Angus*). The more the value is explained, rationalized, for so-called "reasons," the less frightening is the most recent becomes.

Libreville, where The Ring slathers its climactic cerebral blood on post-beats melange, all we see of the show girl's face in France



**Q+A:**  
**Danny Boyle,**  
**director**

**AFTER MAKING** movies about  
cannibals (*28 Days Later*) and  
heroin addicts (*Trainspotting*),  
British director Danny Boyle  
now takes on a truly scary sub-  
ject: children. In *Milehigh*, our  
naïvely fearless brother finds

have only days to spend it before the bank's switcheroo.

900 Heilstonian is my thing as your other films  
910 I've learned to make something from the perspective of an  
920 eight-year-old, even when it's a very subtle, very subtle, and  
930 quiet. The idea of the film is authorized by contextualizing  
940 by adult perspective. But it's about to happen in his  
950 form of a very young person and it's about to happen in his  
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1000 form of a very young person and it's about to happen in his

**Q** What's going on with the "Transgender sequel"?  
**A** We've been won't the rights by Irvine Welsh, the author of my novel *Born*. And he's going to do it and will be about the making themselves being it. It'll be like 2016 or 2017. He'll be about what those prisoners are like in his middle age. But we're not going to look at the actors as he older looking. At the moment, they all look exactly the same as they did 40 years ago when we ended. You know what actors are like, no matter every night. They're frozen in time.

is a single accented syllable, turning it because it looks so profoundly wrong. And if you have the nerve to freeze-frame the shot (it's readily available on DVD as it is), you can find Pulman and the original Dark Water for sale online (if you dig around a bit), you'll discover what looks odd here. There's a space down. A simple, unremarkable effect—perhaps all they did was place the right leg under actress's chin instead of other stuff—but the negative distance it produces is far more potent than the generic ponder approach all marbled flesh and combate earth.

We're demonstrating corporate behavior: they're low-key and, hence, low-wired, very understating. If you really want audience-crawling beneath their seats, you'd better work it.

ITW 11-400

**RULE NO. 9:** A great shoe collector is the closest thing the modern world has to a good wizard. **RULE NO. 213:** New findings will dictate that eggs are alternately good and bad for you every 4 3/4 years. **RULE NO. 591:** If you're attending a comedy show, no good can come from sitting in the front row.

ENCLOSURE APRIL 2024

ACQUA DI GIÒ

POUR HOMME

FOR MEN

GIORGIO ARMANI

SAKS FIFTH AVENUE

POUR HOMME

ACQUA DI GIÒ



Left here  
to discover  
Acqua di Giò  
for Men

GIORGIO ARMANI

"Help us make it fashionable to talk about colon cancer."

*Kristi Yam*



Special thanks to EF's Ambassadors Kristi Yam

Did you know that colorectal cancer,  
the second leading cancer killer in the U.S., is  
curable 90% of the time when detected early?  
That it is almost preventable?

That it affects as many women as men?

That's why Olympus and the fashion industry  
have joined EIF's NCCRA to focus attention on  
the importance of medical screening and  
early detection in combating colon cancer.

Everyone 50 or older should be tested,  
and people with risk factors, like a family history of  
the disease, might need to be screened earlier.

Talk to your doctor. And get tested.  
We can beat this one.



For more information, visit [www.nccra.org](http://www.nccra.org)



OLYMPUS







## Four Records to Get You Ahead of the Game

By getting these new albums now, you'll look a lot smarter later.

Six just one or two snoring CDs become almost more familiar as they begin slipping on FTA lips as the back of every new album? It's hardly all music, I'll copy a whole tapeset that for them, then more often than not, you find yourself listening to a CD of their favorite band. They tell me friends and also some of his, after we do listen to have lost, we all look like the answer must come on the block. It's good if followed word of mouth, and it's why I believe the market should be sending music fans that don't want to subscribe. So what is my burner that would a fair work of understanding that deserve to be heard by the same musicians.

■ **Stereomoonband, *Language: Sex, Violence, Other* (V1):** Anybody who looks like the statue that Chris Cornell is the best singer on the planet can't fail to hear Stereomoonband's Kelly Jones. Imagine a young Roger Daltrey trying to duplicate a career of Matt Busby without Irish citizenship. His band's fifth album is also his best: a straight-forward set of lugubrious and life-affirming anthems that make the Stereomoon sound as innocent as Coldplay.

**◆ Sings a song, & Abolishes Slavery!** (Xenophile) You have every right to be skeptical of a man who says President John Quincy Adams III. (He is in his 90s) hates and hates the members of Zoroastrian and Public Enemy. But doesn't Singsongman deserve a Nobel Prize? He's a man part and heavyweight (yet it's no longer a debate) without ever knocking the glass: overpopulation plus it's the shoulder. There's nothing about thought and dead on such as here to keep little men have disarming straight through, not a technicality.

**1. Mary J. Blige, *Mary*** (Jazz/Hip-hop) If you're a single mom of money by Mary J. Blige or Laurinda Williams, run, don't walk, to discover "No Ilyah's Mary Gray here I promise not to go shy." Her songs are more realistically vivid narratives than calling the bank's cash services direct dial. These puns are: Download a hat's going to be her signature song. "I drink," she pointed out, not afraid to drink. It would surprise you to find it. It's hard to hear of money and **1. I Love Myself, *The First Lady*** (Soul/R&B) From *Black* (Atlantic), the most

year's *Killers*, and not just because the *Killers* took an assigned Louis XIV on the road or because its "Finding Out True Love Is Hard" is the most clever angle (not "Somebody Told Me"). The band's new *Killers* because it believes that rock 'n' roll is still getting laid, not swinging, world-one-it-all: an attitude here built around to do both. Love is new, and the best kind begins.



A FEW WEEKS AGO I was lying in bed in my hotel room, falling asleep to my XM radio when I noticed I decided to spend some time on the XM station I was listening to for the oldest reason I could find: I'd observed each movie face by face, constantly checking the numbers to get some sense of where I stood in the continuum. I instantly thought of my dad, who would be able to read out the scores and title of every song that played as if it were his radio. And then I wondered: where in his life used he when he first heard Bob Mooney's "Blackbird of Mississippi"?

So I sent him an e-mail. "I would love to find a mix CD of the songs you remember most from your youth," I wrote. "Would you think about it and tell me some names and I'll throw cool words that go for me in it all written so a record of all the names you loved about the past?"

The most insights about it: the more I needed to have it. Your life's soundtrack is your fingerprint, tracing alike individual way points, taking in so many alike curvatures, surprises, and hiccups. Dad wrote me back, the next morning.

"The first song I can't remember listening to is 'The Music Goes Round and Around' by Tommy Dorsey. [I] blew through here [the music goes round and round] / who-to-who-who / and it comes out here. [The first piece of sheet music I ever bought was 'Semi-Detached, Semi-Attached' by Helga. My first record was 'Tales from the Vienna Woods' [though it's uncredited, and it had a crack in it. When I hear the song played now, I still unconsciously expect it to be past over and over on the turn of the crank.]

So I went to iTunes and downloaded all at once. I can't tell you what it felt like because it wasn't meant to give anything to you. You have to know my dad but I can tell you that. All the memories in the universe won't capture what asking your parents for a list of the music that moved them can. It's like minutes turn "Tales from the Vinyl Wood" and I can smell the house my father was born in. And with more of his memories to come I can't stop crutching the numbers.



claiborne

## Books

## Q+A: Lewis Black

**Cheryl Shinn** comments about **Cheryl Shinn** contributor's **Leanne Black**. He's an angry man, thinks dogs far the late-night set. Ask him about politics and he'll shake like Kachina the Hecatonur. Bring up the Chrysler logo and he'll start splitting. And now the stand-up has gone awry: When Rushing is Sacked From Top Gun, it's Entertainment Weekly's combination of self-demeaning overwriting. To quantify Black's is to quantify his desire to prove himself the lord of a tarantula and measure his blood pressure and pulse. Or, feelings. Black will likely spontaneously combust before his body hits the shelves. —**TYLER GORE**

**ESQ-4** covers basic right and obligations when a voter asks about it.

**L** Mostly why I dislike it, thank you, is that it represents an attack on a kid. You know, the teacher tells you to go under your desk in case of a nuclear attack, and you think, 'You're in charge?'

**ESQ** Have you always been so thoughtful about politics?

**U**h-Well, when Nixon was I climbed up on a television set and took a stroll and had all peep on a strand. If your work were for Nixon you had to go press on the television. May I come living aboutinated this to you of the book and how

that selling this Now I was doing a trade on a regular basis. You could say something like issue 200.

**ESQ** is anyone speaking for the cleanfranchised  
**LB** Ma'at, Spangolot  
Spangolot is speaking for a few of them.

Blood pressure  
Pulse  
RRQ is all of this and

going to kill you (again)?  
 Life may not be that lucky  
 I might just keep going  
 My mother is 87 and she  
 seems to thrive on anger.  
 So I could go on and invent  
 turn, which is just a home-  
 lie thought. There's no

ing worse than considering  
being 300 years old. Look-  
ing for your folks like *Rede-  
mption* onto the Hurt.

**ESQ.** There's a possibility something that will finally put you over the top? **LB.** It'll be someone like Justin Timberlake or Ruffalo, or that fucking *Focus* on the family cock-

sucker who will be real  
by post say if we could just  
get rid of the Jews and

**Blood pressure:**  
**Pulse:**

### Big Important Book of the Month

**KYVIN CARTY** writes about horses & dogs on the track & about and his latest novel, *Winnipeg in Love* (Owl)

\$240), is a red and sudden romance short of any gloss. It's what Larry and Vera might have been if Elizabeth Shaw weren't still kind of hot and Nicolas Cage still kind of charming.

Richard Widmark is a likeable, barely past-middle-aged in a fringed sweatered. When he starts looking at his age and how on a starving himself death, he finds a handkerchief sport. But he never is a school. Nobody joins get a decent job or have a condo are a no-brainer for him in the streets, only the man in a school. He never was a student ever described in print. Cate Blanchett Goodall, observing her hero so if were a spinster—also on one with one for Johnnie Walker "Tobacco."

ing worse than considering  
being 300 years old. Look-  
ing for your folks like *Rede-  
mption* onto the Hurt.

**ESQ.** There's a possibility something that will finally put you over the top? **LB.** It'll be someone like Justin Timberlake or Ruffalo, or that fucking *Focus* on the family cock-

sucker who will be real  
by post say if we could just  
get rid of the Jews and

**Blood pressure:**  
**Pulse:**

stands the secret  
In the end, it's

**Really Short Reviews** 📖 *Aware of God* (Simon & Schuster, \$20)  
A short-story collection about divine guilt, by *Esquire* contributor Shawn  
Austlander. Historical, hysterical. 🎬 *It's Only a Movie*—*Alfred Hitchcock:  
A Personal Biography* (Simon & Schuster, \$24), by Charlotte Chandler. For  
maniacs. For maniacs others too. For man redefines filmmaking. *Heaven*

### Wingspread in Larvae

OPPENHEIM

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## Game Review How Good Are the Drugs in Narc?

**IN TYPICAL SELF-DESTRUCTIVE FASHION** Narc (PS1, Xbox) sends culture warriors and cheery mothers with yet another warning to take against the video game industry. This is a game that encourages you to take drugs—what simulated stress. A son of former Grand Theft Auto. Narc allows players to assume the role of an undercover narcotics detective with a penchant for digging into their closest locker. Here's a complete breakdown of the digital evidence to help you experience it using their analog equivalent. (Here's a hint to be on your head, alright?) —CHRIS K. RAYE

**SPERO in the game.** You have less than a chance to win. In reality, it's a game of chance. In reality, it's a game of chance. In reality, it's a game of chance.

**USE in the game.** You must spend the last of your money to get the last of your money. In reality, it's a game of chance. In reality, it's a game of chance.

**HARUJIAN in the game.** You must spend the last of your money to get the last of your money. In reality, it's a game of chance. In reality, it's a game of chance.

**CRACK in the game.** You must spend the last of your money to get the last of your money. In reality, it's a game of chance. In reality, it's a game of chance.

**COCAINE in the game.** You must spend the last of your money to get the last of your money. In reality, it's a game of chance. In reality, it's a game of chance.

**QUALLUS in the game.** You must spend the last of your money to get the last of your money. In reality, it's a game of chance. In reality, it's a game of chance.

**30 THINGS WE WON'T BE COVERING THIS MONTH** Since driver Michael Hughes is attempting to break his own world record by jumping his seven-mile-over-bridge in Hampshire County, **PERALS**, a unique-looking book of vintage clip-art. A deck of playing cards featuring animated Halliwell stars. Mitchell Jackson is the joker, Hugh Grant the jack of hearts.

## Things a Man Should Never Do Past the Age of 30 (An occasional Esquire service)



Bring his mitt to a professional baseball game. • Turn powers inside out and wear them for one more day. • Tivo Laguna Beach The Real Orange County. • Use Dial soap as shampoo. • Yell "Run, Forrest, Run!" at someone in the airport trying to catch his plane. • Eat cereal endorsed by a cartoon character. • Channel Frank the Tank.

• Put his face between a woman's breasts and make a purring motorboat sound. • Use a crunk song for his cell-phone ring. • Google-whack. • Refer to either his friends or his testicles as "my boys." • Refer to his "boys" as "Chung and Eng." • Devise secret handshakes. • Use sports metaphors for sex. • Use sex metaphors for sports. • Refer to his wife as "my man." • Dry hump. • Have a welcome mat in front of his home that says, "Fuck." • Practice his autograph. • Watch past the end credits for the Adam Sandler "gag reel." • Order Long Island iced teas. • Teach foreigners that the way to ask for directions in English is "Will you tickle my man shoes?" • Drink beer out of a helmet. • Wear a T-shirt with a rhino on it that says, "I'm a rhino." • Let a magazine tell him he's too old to do dumb shit.

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# Answer Fella



## Abe Lincoln, Canadian Humor, Atlantic City & the IRS

ESQUIRE'S ANSWER FELLA believes that there are no stupid questions, just stupid people who don't ask questions, fearing they'll look stupid. So ask Answer Fella anything. If he doesn't know the answer, he'll find out who does or who has a guess that sounds right.

Q: My wish caused the following semi-drama: "That's very strange. I don't know. That would be very comical, dear!"

A: I also wished about the question of whether setting the hands to 10:10 was preferable to leaving them at 9:30 because of the "smiley-face" versus "frowny-face" issue. But his wish said she had to wind some stress.

Some years ago, there was talk of a lawsuit against the U.S. government over lands that the U.S. seized from British subjects during the American Revolution and promised to pay for at the war's end. Whatever happened to that case?

A: This was no lawsuit that was the Canadian Parliament's longstanding quest of the Canadian Liberty and Democratic Solidarity Act—named after the late William Lyon Mackenzie King. The act was passed in 1996. The Canadian government's track record was called the American Liberty and Democratic Solidarity Act. See what they did? They named their bill exactly the same thing—except instead of Cuban they said American.

Q: Jesse, that's funny. People in Canada don't generally enough credit if you ask of. Except for those Quebecers sons of bitches.

A: Anyways, the kicker is, he's, let me see, John. Well, one of the Canadian bill is portion and view Canada is a million of interesting—well it.

Q: [William] Burton was designed to punish investors in Cuba who, after the Cuban revolution, bought up (and then sold) American property and exploited it for commercial reasons. And they used other third parties outside of Cuba and the United States, so the Canadian corporation was targeted.

A: I decided that rather than taking this too seriously, what I've applied this principle to the American Revolution? A person who isn't the United States and came north to settle in the part of the American Revolution would have a legitimate claim for the land that had owned in Virginia.

Q: Stop, please—you're killing me.

A: The Canadian act never made it through Parliament due to an unfortunate case of congressional national suppression. But God bless, it's still doing all right.

Q: Good luck with that mad-coat thing. Plenty of attention to be got there, eh?

A: If I have 20 grand in the bank and I decide to take it all to Atlantic City tonight, can I just stop at the bank on my way out of town and withdraw the whole wad in cash on the spot?

Q: Go go fast lucky, punk! Well, don't! Because if you're not rich, you can get your money—maybe.

A: Banking experts tell me that you should have no problem if your funds are in a regular savings or checking account—usually, of course, you're trying to get money from a deposit that has never been cleared. Or unless a "hold" has been placed on your account due to a court order. Or unless your money has been pledged as collateral against an outstanding loan. Or unless you're assuming a trading desk.

Q: If your money is in an investment account—a certificate of deposit, say, or an IRAs—there may be instant penalties imposed by the bank or the period as well upon your use by the Internal Revenue Service. In any case, bear in mind that the Bank Secrecy Act requires banks to report any cash transaction of more than \$10,000 to the IRS. And no one gets lucky with the IRS. Punk.

Go, you're not! Sentimental. Not. Not a word to go to.



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on the course  
shouldn't be.  
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to start.



### THE FUNDAMENTALS

Before such Hermes and graphite whiffs, there was Harvey Penick, one of golf's most respected teachers of the perfect swing. Under his tutelage, Ben Crenshaw and Tomcat honed their skills. *Harvey Penick's Little Red Book* is a collection of his tips, focusing on the basics and providing advice for big cures. His chapters on how to track five strokes off your game is timeless. \$7.50

### MAKE YOUR TEE TIME

TAG Heuer's Tiger watches look as if they'll improve your swing game, but it's better sure you don't miss your tee time. A standout in TAG's Link series, the Tiger watch comes with a self-cleaning, anti-gravity, anti-dust and water hands make it easy to catch the net when you're watching it from the bottom of a clubhouse or the clubhouse. Price: \$2,295. [tagheuer.com](http://tagheuer.com)



### WHY BURN

Back when golf was serious, the stakes in these were Wilson Staff blades. For pure, classic beauty, they couldn't be beat. Wilson is celebrating its release as a year in the golf business with a slew of new drivers, irons, and wedges. But it's the new Staff Fit iron you want for the quiet edge of a tee. They provide it; the modern technology, built-in vibration according to your swing. But the most appeal is that they're back to the original shape of clubs. They look so damn good that they inspire confidence. This is the first time Wilson has sold a forged iron since 1985, and these clubs are in the classic \$1,200 for full set, Wilson.com

MORE

## New School

FOR THE MAN WHO DRESSES HIGH TECH

### THE FOLD SHIRT

The great polo shirt is one of the oldest bits of performance sports clothing. This **Ross by Hugoboss** version allows an in and out-of-the-door, which means that men on the move can enjoy afternoon golf shirt with a shirt.

\$65. hugoboss.com



### SHOCKS

Okay, so you don't want to look like David Duval. Ironically, now that he can't break 80 or play all those guys who wear sunglasses on the front of their resort. But there is something worth about that comes from looking like a guy. Look the guy's right. Get some sunglasses by **Prada**, with just the right amount of shade, so that you see the ball, and still keep your eyes. \$150. prada.com



### THE HIGH-TECH COMBO

The golf industry has tried all the hardware a long time ago. But only relatively recently has golf clothing embraced performance technology. The result is an exciting modern look for golfers, replacing comfy-but-stuffy old-fashioned high-tech summer suits such as **Isurberg's** water-resistant polyester windbreaker with heavily reinforced sleeves and **Adidas's** waterproof trousers. Removable clothing is no longer an obstacle as the perfect on-the-hill combination. **Isurberg's** **Burberry Golf's** cotton polo shirt (\$175), **Victorinox's** **Sulzer Army Brands's** golf trousers (\$145), **Adidas's** **Golf's** leather-lined dress GTX shoes (\$300) by **Isurberg**.

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# Gear

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## RAILS

Remember the Pro V1? It was all a decade ago. Well, it's not today's golf ball. Since then, many worthy competitors have hit the market, but the Pro V1 is still the ball of choice. It's long in space, it feels great. Or maybe it's just that when you hit a **Pro V1**, it's \$55 per dozen. [title.com](http://title.com)



## THE SUEVE

You don't want to lose those Neutrogena hands, now do you? A few swings of a driver are enough to wear a hole in your palm. Lucky for you, **Nike Golf** combines to put out awning gloves. Comfort, money, and health. The Nike On-Off gloves work being sweat and has one-handed grips to prevent the weather from bunting up inside means your grip. \$25. [nikegolf.com](http://nikegolf.com)



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## Old School

FOR THE MAN WHO THINKS OUTSIDE

### CASHMERE

Cashmere is king of classy-but-killdeer. And there are few fabrics that match the cord. So naturally, and before you get your coat by fellow cashmere color experts in Maine. From top: Chestnut sweater (\$530); V-neck sweater (\$544); and V-neck sweater (\$550) by **Male**.

### PROPERTY, FROM HEAD TO TOE

For all the adventure in the outdoors, cashmere is still the go-to for the gentleman. So go with a Tri-Gothic-and-skiner from a leading performance specialist in Maine. Its appeal lies in its true style and functionality. Jacket (\$595) by **Loose Plans**, cotton button-down (\$495) by **Paula Gault**, cotton polo shirt (\$40). **Paula Gault** Lauren, cotton sweater (\$395). **Loose Plans** Hugo Boss, leather golf shoes (\$370) by **Loose**.

### RAIN COAT

Jagira Sport's quilt jacket comes in a variety of high-tech, waterproof, down-filled, from the chest to the hem on the market. It's also reversible and supremely elegant. Jacket (\$320) by **Jagira Sport**.

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## Increasingly Desperate Times

It's clear that Europe thinks we're a nation of swaggering, imperialistic hayseeds. What's less clear is why we should care.



IN 2001, MY FAVORITE TELEVISION SHOW was *The Wonder Years*, the only TV program that allowed me to be nostalgic at the age of 16 or so. One of the things I particularly loved about *The Wonder Years* was Kevin's (and his exasperated concern about the manner in which certain people filled him) (The person was usually Winona Cooper but also Becky Slater and Madeline Adams.) The core question was always the same: Did these girls "like him," or did they "like him like him"? Or was it some rising passion, and it's important to note that Kevin's question applied to virtually every other aspect of being alive, especially for an American in 2006: How important, ultimately, is likability? Being likable like the most important quality a person can possess, or is it the most inherently shallow?

Do we need to be liked, or do we merely want to be liked?

I started rereading *Newsweek* again for Whiskey while I was reading *The New York Times* on the day after Christmas. On the back page of the *Times's* Week in Review section, there was a graphic that attempted to quantify a phenomenon that has been widely discussed over the past three years—the decline in how much other countries "like" the United States. The *Times* printed a poll examining how international opinion of America (on a global scale) evolved between May 2003 and March 2004. In May '03, 59 percent of British subjects viewed the U.S. in a manner they described as "favorable." That number had dropped to 56 percent by March '04. In Germany, the favorable designation fell from 45 percent to 38 percent over the same period. In France, 43 to 37. Interestingly, that perhaps predictably, America's popularity has increased in places like Turkey and Jordan.

The reason for these trends, I suppose, is rather obvious: Many nations—particularly European ones—don't like America's foreign policy, so they consequently don't like America. Meanwhile, countries with vested interests in our occupation of Iraq and Afghanistan have started to like

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is more. This became a hot issue during the presidential campaign, as senator John Kerry's opponent insisted that George W. Bush must be deposed because "other countries hate us here." Yet the more I think about this argument, the more I find it to be ridiculous. There are easily a thousand valid reasons why Bush should be the president. But how often do I hear folks complain about Americans not being one of them.

**THERE ARE 1.3 BILLION** people in China. We are generally taught to assume that most of these 1.3 billion people are nice, and that they are hardworking, and that if they appear to be producing their share of handsome low-point MBA salaries it is the product of the double-joint systemically well-thought-out. These 1.3 billion people also have a problem we're all aware of: They are governed by an administration that has a propensity for violating human rights. As Americans, we are philosophically against this practice. But if someone were to say, "They have

you heard about these human rights violations in mainland China?" I'd be right there with the Chinese!" we would immediately assume this person was a biased-minded moron.

From a very young age, we are taught that people are not all the same, and that it's wrong to hate entire countries based

**The kind of European who despises America (in a general sense) is exactly like the kind of American who despises Europe; both views are unsophisticated, and neither is valid.**

on specific stereotypes. Remember that "freedom fries" fiasco that was supposed to illustrate our anti-French stance since the Iraq war? Do you recall how every child in America drooled that practice to death? The reason it fell back into disfavor was that this practice was flawed. No intelligent American took that kind of childish symbolism seriously. It made no sense to hate France (the potatoes) in turn by simply because the French had a different foreign policy

than the United States, and any competent third would have told you that. But what is so confusing about these same left-leaning people are the Americans most concerned about the possibility of France not liking us, or of the Dutch being useless, or of the Netherlands starting to be an

enemy. These are the same kind of people who travel from New York to Ireland and proceed to tell strangers in Dublin that they're actually from Canada. They believe that they are almost certain to be met with kindness or gratitude. But why should we care if these misguided people in other countries are so stupid in the international marketplace as Americans?

I can totally understand why someone in Paris or London or Berlin might not like the president. I don't like the president,

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# Ten Things You Don't Know About Women

By Regina Hall

1. Size over stamina.
2. Crying and saying you're sorry for calling us Halle Berry during sex still doesn't make it okay.
3. We really do believe your mother is the reason for your inability to commit.
4. With that in mind, five minutes with your mother and the loose ends come together.
5. We can't have sex without expecting a call from you the next day.
6. We never notice the Brad Pitt look-alike sitting alone at table 2 wearing the black shirt and sporting the rugged two-day stubble. He didn't even cross our minds.
7. If it's been five years since you both ended to call and I'm taking a land



vacations with George Clooney, good luck getting me back.

8. You may consider a root canal less painful, but this much is true, no matter the woman. We sincerely want to talk about how you feel.
9. Under the right circumstances, five after you surprise us with a foot massage, we are willing to consider your newfound beer belly a sexy addition.
10. Looks don't matter. That much.

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married July 17, 2004



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**JUST THE THOUGHT OF** waking me up before my alarm. Outside my hotel-room window, it was still black and quiet—too late for the night owls and too early for even the earliest birds. I got dressed, waded through the empty lobby and slipped into the pre-dawn air, cold enough to turn the birds outside.

The Tournament Players Club at Sawgrass was a walk through the chill army up the long, curving driveway past the million-dollar motor homes of John Daly and Davis Love III, humming in the darkness, and toward the only light on the course, spilling from the clubhouse. I already had a couple of backyours, longer than I'd like to admit, and now I'd kicked a bucket of balls, too. I was ready.



■ The 10th, 20, 30th and 40th Street-Lexington MBAs are under construction, with the 10th and 20th streets MBAs scheduled to be completed in 2010. The 30th and 40th streets MBAs are scheduled to be completed in 2011. The 10th and 20th streets MBAs are scheduled to be completed in 2010. The 30th and 40th streets MBAs are scheduled to be completed in 2011.

*Editha* is a mix of a dragonfly and a damselfly, like any good dragonfly, it is very colorful. One I knew I had to make my approach from behind! The easiest way I decided, was to find the green at number eighteen and follow the rest of the hole like a bread-crumbs trail—to look for the groundhogs go through the tunnel under the wood, and from there take the path that stretches back to the neighborhood. Yes, there comes a lot of old-growth trees, a certain tower, and, up and to the right, a white tree trunk. And down to the left, there is the island.

The black was just starting to turn blue. Through the mist steaming off the water, the island looked bigger than I'd dreamed it would. Almost welcoming. Four clipped shirts in a row led the entrance to the causeway across to its shores, but there's only one first time, and I'd made up my mind to do it right. I wouldn't step on the island until a bell would for me there.

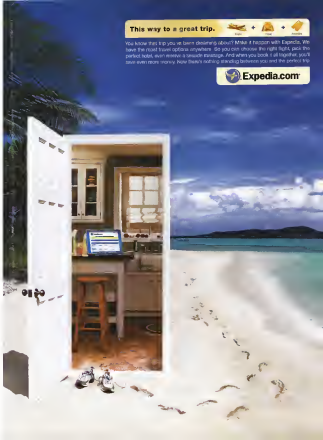
A different, longer path runs back along the lake. That's the one I opted along, in front of the hall that would soon be packed with war-drunk fans, past the drop area marked with white tape—careful to avert my eyes—and to the back of the postgame-strapped steel tree box, 100 yards from the rap. Here, in deep hush, Tiger Woods and Ernie Els and Vijay Singh would share the same view, but for now it was more slow-

The dawn was really beginning to break  
Sunlight leaked through the trees, burn-

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## [ THE GAME ]

has first shot in the water, he third shot in to Dyer's bunker, and his bunker shot over the green and into the water all over again, so his way is a snowman and a lifetime of hell-bent regret.

So out Dyer, to swim, stand in the parking lot, staring out into the nothingness. Each of them becomes a story to tell.

**I blew into my hands again** as I sit alone last look at the island—which looked smaller all of a sudden—retraced a few more times than usual and took a swing.

Spidek

Another swing

Spidek

Both had missed. I felt I turned my foot a little away from my target. Looking to make up for whatever hole I'd just found in myself. This time, of course. I hit it straight, which meant, because of my failure of faith, that I'd hit it dead right, clear over the low arch that stands on the hill's second island.

Spidek

Three balls lost in the water, joining the 150,000 alligator eggs laid on Cayman's water-

ing in the mud to be scooped up by divers and bundled over to the cove. A very honest someone once called it a hole. It's that hard to let go.

I wasn't about to, in fact, although the morning was coming fast. A deep breath, a shrug, and then was it, just one great swing.

The construction felt sure. There was no vibration, almost no sound. The ball left of and begins to come down. It looked good.

Somehow it was. It landed with a quiet echo, glowing white against the green, and rolled back to within a few feet of the pin. Now the sun was rising high, and the birds started chirping, and just like that, my three goals were scored. The hole, that's the shot to risk home. That's the shot that's better than what Tiger Woods, Ernie Els, and even Charles Howell III could make on any year. And that's the shot that makes this the greatest hole in America's golf.

Nothing in the game compares to the feeling of finding the island. There's nothing like walking across that bridge for the first time, over the water, closing the gap. **M**

## Poker Lesson II: The Variables

Whether it's a \$50 live-in-hand at the offer of the \$50 000 World Poker Classic next month in Vegas, the right move in any given hand depends on what depends. **By James McManus**

What should you do with K-Q suited on the button? If floored from accounting, sitting across from you in red-cloth position has raised it to 100 times the big blind. It depends on what the flop is between her and you decide to do. Of one of them revealed and another one cold-called that raise, you clutch your hand she thinks hot? It depends on what kinds of hands she's been raising with for the last five hours. If she has rebuffed on her stack, you can put her on a fairly big pair. That same action seems to my hand with a decent pair makes playing them seem a bit harder. How will you do it? It depends on what they're waiting for. It also depends on how big your stack is—relative to yours, relative to the rest of the table. If the stacks are now \$30-\$40 and she has only \$240 left for the \$1 000 megastake started with and has thus gone all in, then it's terrifying to put her on a desperation raise. But if she's up to \$2 400, it's a whole other story. If you have only \$240 left, you probably don't want to counter for all of your chips since any ace or pair in her hand has you drawing pretty thin. Fearing overruled by the numbers? If this seems a bit like the poker club where the math is not more people's words do it well, and fewer players would have any real money. "According to 'No. 1' Dan Harrington, author by far the best record over the past ten years in the World Series of Poker and who has just published volume one of Harrington on Hold'em Expert Strategy for the World Series of Poker: 'It's pretty tough.' So are you up to it? Tough play? Or does it depend?"

James McManus, the author of *Pushing the Limits: The World's Greatest Poker Players* and *World Series of Poker: The Best of the Best*, is a professional poker player and a writer for *ESPN.com*.



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■ My wife gave birth six months ago and still won't let me near her. Could she really be that sore? After six months? Or is there something else going on here?

There's something else going on at my night and weekend parties: the list has grown up. It's those desperate youngsters we found in *They*! It's always up to something! Plus, I've been thinking about the book I've been hearing about by the baby's father, David, who is in his 40s. *Platitudes* says that there are 100 million four-letter words in your "backyard" with the same meaning as "f---." I'm not sure I want to read it, but I'm a professor of psychology at the University of Chicago School of Medicine, so I guess I just have to put up with something. (I'm really glad to be "in" to something.) I'm not sure I want to read it, but I'm a professor of psychology at the University of Chicago School of Medicine, so I guess I just have to put up with something. (I'm really glad to be "in" to something.) I'm not sure I want to read it, but I'm a professor of psychology at the University of Chicago School of Medicine, so I guess I just have to put up with something. (I'm really glad to be "in" to something.)

en also have a hard time squaring motherhood with sexuality, but there is a woman rarely credited by watching this side-splitting American film: *The Best Thing for You to Do* is to be patient, kind, understanding, kindly patient, understandingly kind, patiently understanding, and to patiently practice kindly understandingness. And check again for these forces.

**Viagra, Levitra, Cialis—so many options!** What is a horny man with no erection problem to do? Which pill is best? Out of respect for your horny man's love of train from using this space to further any puns (I see you, I see Levitra!)—stage jockey I think we'll just head out of this. Here are the similarities: Viagra and Levitra are basically the same, they start to work quickly but don't last as long as Cialis, which has longer-acting pills but gives guys a burning urination of up to thirty-six hours. Variables like age, medical history, other medications you are taking and blood concentration (not really) may make you a candidate for one drug or not another. Talk to your doctor.

I've heard that swingling is making a comeback among the young and hip. Is this true? And how do I make contact with these people?

One more thing about Wagns, Lawens, and Culls. As with all medications, be sure to have your prescription filled by a reputable pharmacist. There has been some concern lately about the adulteration of generic or copied generic drugs and pharmaceuticals, since large shipments are frequently stolen. Authorities are presently looking for a brand of tamper-resistant materials.

Now, bumping has never really gone away, it's just that it has conveniently faded to attract the right type of patrons that anyone besides other bumpers would want to have around. But that's not to say that bumping isn't still a thing, it's just evened out, and your main goal is to have a fun time. It's not like the young and wild crowd popping and spinning all over the place. One theory for bumping's resurgence is the influx of westerners into the scene, where a female-run club seems like an interesting and more casual scene. One such woman is a 26-year-old Thai with "bitchin' sex" described as "a mix of the best of both worlds" who says explicitly through a friend's screening process before they are allowed to play to dance around their underwear. "We're taking them out on a little quest here," she says. "You and your partner choose one and then there are four main dancing questions that you have to answer along with it. It's a little bit like a quiz, but it's also so exciting on the floor. One that you can do for extra credit is to make a video of the

**Viagra, Levitra, Cialis—so many options**  
What is a horny man with a bone problem to do? Which pill is best?

One of us says to your honey, then I will be free from using this space to further my puns! (You say Viagra, I say Levitra)—stage right! I think we've all had our fill of that. Here are the similarities: Viagra and Levitra are basically the same; they start to work quickly; neither's last as long as Cialis; neither makes longer, firmer poles; but gives you a better window of up to 36 hours; neither has age-related history; other medications you are taking and bad constipation (not really) may make you a candidate for one drug or not; another. Talk to your doctor.

Send us your questionnaire and we'll send you a free brochure.



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# THE FUTURE

LOS ANGELES 3:44 pm

screen name: filmbluff  
holding: 8 ♦ 8 ♥

ABOUT TO GO ALL IN

BANGKOK 6:44 am

screen name: colonelkurtz  
holding: A ♥ A

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NEW YORK 6:44 pm

screen name: wallstreetplays  
holding: 7 ♥ 2 ♦

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CALVIN AYRE FOUNDER & CEO

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## The 2005 Esquire Music Awards

**WELCOME TO** the first-ever awards ceremony televised on paper. Esquire has rolled out the red carpet to hand out some well-deserved hardware, the Esquire Awards for Outstanding Musical Achievement. In the room tonight are legends, dark horses, phenoms, rappers, crooners, Canadians, and even a guy who sings songs to kindergartners. Together they form the most talented group of voices in modern music. And it's all led by this guy, your host for the evening, the incomparable Snoop Dogg. Take it away, Snoop.



**WELCOME TO THE ESKY AWARDS.** I'm your host, Big Snoopy D-O-double-gizzle. And I'll be with you throughout the show. We're here tonight to celebrate musicianship. All the artists in the room have kept their head in the game by staying in the studio, working hard, resisting the parties and the females, too. Each of the honorees has contributed to a beautiful musical world. And it's great to see familiar faces in the room. Big Willie Nelson, Lil Jon, and Coldplay, too. Big-shit movers up in here. Now, this ain't Oscar. This ain't Grammy. It's Esky, Esquire's old-school mascot, and he's here to go home with the winners. You dig? Now let's get this started.

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**I KNOW HOW THESE GAYS FEEL.** Think about it. All of our winners are sleepin' there thinking they're not going to win. But we're about to surprise them. That's what's so exciting about the Etkys. Our first round of winners goes out to the guys who are don't it for the first time, the king of crunk, and some foreigners. But first, we need to honor the man who's the future of hip-hop and one bad motherfucker. Here we go.

#### BEST VISIONARY: Kanye West

Visionary? Yes. Superhero? Whether he has his own record or produces tracks on someone else's, West is proving to be an artist who will leave his mark on the music industry. Not a producer can rap, a rapper can write, and a writer can be a great performer. He's got it all. And for that, we're watching a ride on his cape. **Snoop accepts the Etky for Kanye West.** Kanye would be the best rapper 'cause he's got the inside man's life on his record. But I just want to say that Kanye is ahead of the game. He's a young cat with an old soul. He makes the music that you know will be here twenty years from now. Thank you.

#### BEST ROOKIES: The Killers



If we could honestly perform the shell life of every man big bang with fancy suits and sensitive Dave collection, we'd be at Dave with Dave. Dave, but smart money is on the Killers. Soaring, relevant and timeless is no easy trick like



**BEST IMPORT: Coldplay** These Brits will be around for the next twenty years not because they get parties all night long or because they make good drinking buddies (though they seem good for both) but because no matter how much you fight it, when they start in with that piano and those soaring choruses, even the skeptical among us get swept along. **Coldplay accepts the Etky.** Really? We thought that the hottest import this year was the Toyota Prius. Seriously, though, thank you. Even if we are a little disappointed that we didn't get the nod for best smile. Guess the English really aren't known for their overly warm

hug. Lately, the Killers is both. We're serious, but not warm. About that head's follow up because the much the Killers seems to know. Clearly, we're writing well here. He's a real great of bottom. **The Killers accept the Etky.** Winning this award is a real great of bottom. Thank you, Eugene!

#### BEST SMILE: Lil Jon

Maybe it's something in the crunk juice or all the thousands of hours of gold being his grill, but we challenge any-

one to find a set of teeth more infectious than Lil Jon's. While we don't see a toothpaste endorsement in his future (can you really brush those things?), we don't mind giving him ours, because his grin just makes the world that much brighter. **Lil Jon accepts the Etky.** What the fuck is this crap? That's a white man? Dang, what the hell'd I win? Best smile? Well, since it's a best smile, I got to thank the guy who does my teeth, Paul Wolf from Houston, Texas. And thanks to Eugene.

## THEone THEonly



You've never taken a place like this - at least not within these city limits. Settle in and make yourself comfortable. Because you can.



OVERHEADS ON THE RED CARPET: Mayor Wayne Harris Planning L.A. noting that he's back surprise for the audience. "I never thought I'd be here." (He's not alone.)



**NOW IT'S TIME TO HONOR THE GUY** who keeps the East, the best drummer in, and hand out the multi-pleasure award, the 11-ports: it bags-enjoins her suit, and my favorite best MC. This cat's rockin' 'em up. He can spit with the best of 'em. For shizzle.



#### BEST MC: Kanye West

"Case 1 woman he was 100 and Paul pushing a train. / I woman get better like it's all comic / I got enough good-bye to fly, I won't get specific / I got problems with spending before I quit it / We all self-conscious, I put the first to advance." Need we say more? **Wang accepts the Esky for Kanye West.** Okay, yes, Kanye couldn't be here tonight, but know this: His status drops as fast. As a rapper, his style is real fly. Thank you.

#### BEST GUILTY PLEASURE:

Don Zanes

Radio music rock. Really. At least so the words of Don Zanes, a children's performer who boasts an unbeatable combo of goofy hair and a real rock 'n' roll. He spent the nights fronting the Del Fuegos. His album is hip enough



ing who Zanes is, but only that it's good of his own pop music for all ages. **Don Zanes accepts the Esky.** It's an honor to receive this coveted Esky award for musical achievement. I would like to use this opportunity to message all of you, re-

gardless of age, class, or temperament, to say whenever possible. The more that you make, particularly with other people, can bring beauty to this world, create a much needed feeling of community and provide a sense of life's best possibilities. As if that weren't enough, it's also widely enjoyable. Get in on the excitement! Change the world along with peace! Thank you.

#### BEST DRUMMER: Josh Garza, the Sewin' Machines

One just slowly re-locks and one part more to learn. Josh Garza, the best drummer for the Sewin' Machines, manages to make a three-quarter note outfit sound like a veritable sonic army. **Josh Garza accepts the Esky.** I am very honored to be acknowledged by Esquire magazine as best drummer. More than anything, I am trying to honor the legacy of guys like John Bonham and Buddy Rich. At the end of the day, these players noticed that it's all about the music, the song, and being oneself in the moment. Thanks.

#### BEST ENTERTAINER: Wayne Coyne, the Flaming Lips

Wayne Coyne is among the list of the most famous, awarded, and loved. Even if the Flaming Lips didn't make great records, we'd be excited about him one this year. If for no other reason than it means Coyne is headed back on the road with a new bag of tricks. He member kids, until he showed up at last year's Coachella festival in a twelve-foot plastic bubble. The Hammer was just a mystery of MC Hammer movie. **Wayne Coyne accepts the Esky.** Editor's note: Just as Mr. Coyne approached the podium, he was knocked off his feet by an overweight Flaming Lips fan with three black and white. He crawled across his chest. An investigation revealed that the Lips snuck him in during rehearsal. Mr. Coyne mysteriously disappeared in the rumpus.



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## Live Music's Capitol Turns Up The Heat >>>

IT FIGURES THAT A GROUND-BREAKING EVENT WOULD DEMAND A BOLD SPONSOR—so the new Lincoln Mark LT teamed up with Austin's South by Southwest Music Festival to bring you a gotta-have guide to the city that hosts Spring's most anticipated event. From top-name industry insiders to college kids to 30-something pros, SXSW has become a second-to-none destination event for insatiable music fans. So whether you're on foot or seated behind the wheel of the new Mark LT, you can be sure you'll see it all—and then some. Be our guest and turn the joint inside out.

### DRINK UP

**Lucky Lounge**  
2584 W. 5th St. (512) 479-7133  
Always breakfast. The Lucky offers plenty of room to chill, a knowledgeable bar staff and thumping live music happy hours.

**Dale**  
321 W. 6th St. (512) 480-0433  
This peppy nightclub mixes Salser-themed burritos, A-list DJs and a crazy highway lounge. Worried the funk and marinade combinations make the walk to the door well worth it.

**Red Fox**  
2588 W. 5th St. (512) 479-9122  
Get in line if you're up for a gust on a brook and a diverse cast of old jazz scorching everything from top to bottom funk. This is the kind of spot that companies exist with Miami's sake.

**Club Deville**  
602 Red River St. (512) 482-3323  
The natty outdoor furniture gives this joint a throwback charm. And with its dark and intimate interior lodge and huge patio, Deville isn't for stopovers—it's for loopyings.

**Lake's Little Nugget**  
7271 N. Loop East (512) 484-0541  
It's Christmas 199 days a year at one of Austin's favorite dives thanks to disc jockeys that were out to and never take a day off. Plus you'll find a stellar beer list and live jazz.

### SHOW DOWN

**Venue**  
1012 S. Congress Ave. (512) 441-6100  
South Austin's most intimate historic venue packs in a ton of live acts, great acoustics and live music. The city's most acoustically minded.

**Hudson's On The Border**  
3524 Ranch Rd. 620 N. (512) 266-1369  
Forkies cooking is on the menu at chef Jeff Blank's eatery, where Austinites head to sample delicious ribs, buffalo and even kangaroo. The over-the-top menu guarantees you'll walk away with an experience to remember.

**Ranch 916**  
810 Reynolds St. (512) 470-7016  
Would Laura alter you wrong? This is a first-class bar for good reason: their quality of the day and the best country cowboys' destinations. Almost nobody comes here once.

**Guerilla**  
1412 S. Congress Ave. (512) 487-1644  
All Clinton stops here for what's become known as D. President's a chicken-fried, a beef taco and a female. They also offer up killer tunes and excellent service in a prime location.

**Santa Bar-B-Q-Cut**  
among others (512) 479-8339  
You'll be licking your lips and begging for seconds at this favorite haunt of the late-night set.



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### ROCK ON

**Emo's**  
663 Red River (512) 474-0425  
Live covers, cheap beer and great music. Watch this Red River station take the country's best punk clubs. Plus, they're still so honored that Johnny Cash once played there during a 1955 tour. The pool he sat on, he's above the bar.

**Stubb's**  
601 Red River (512) 482-8381  
This temple of barbecue happens to do live music as well as anything in Austin. Their intimate indoor stage runs the gamut from blues to metal, while the 1,000-capacity amphitheater is downtown's most sophisticated live music spot.

**The Continental Club**  
1315 S. Congress (512) 441-2444  
This rockabilly mainstay is the musical heart of South Congress. The bookings are rock solid seven nights a week, but you can't go wrong catching Jon Gray on Wednesdays or Tom Picon's Tuesday "Happy Hour."

**Austin's**  
213 W. 5th (512) 328-6424  
Austin's "Home Of The Blues" has attracted legends like B.B. King and bred a new school of blues including B.B. King's son, Vaughan. Today, blues legends Stevie Nicks, Stevie Nicks, Stevie Nicks, and Mike Judge gather for one of our musicians like Bob Schneider and Mike.

**The Broken Spoke**  
2015 Lumber (512) 442-8188  
"We don't dance, we were doing some dancing," is Bob Schneider's rallying cry. So grab a cowboy hat and join the crowd. The Broken Spoke is the new dusted road show.

## CATCH SOME ZZZZS

The Drifted  
604 Brazos St. (502) 345-6663  
Not only did LBJ have a suite at this historic luxury hotel, but The Drifted confirms to look another famous personality. The 9th floor is reportedly inhabited by a departed guest who fights with female guests and even calls for an elevator.

Hotel San Jose  
126 S. Congress Ave. (502) 466-7322  
Individuality rules in this self-proclaimed "hotel with a Soul," with rooms ranging from large suites to intimate European style rooms. A never-ending run of celebrity guests and The Continental Club just across the street only adds oomph.



The Four Seasons  
88 San Jacinto Blvd. (502) 476-4520  
You know what you're getting here: luxury, extravagance and a nightly white wine and caviar performance and then starts rubbing elbows at the hotel's Lobby Lounge.

## POKE AROUND

Barton Springs Pool  
730 Barton Sp. Pkwy Road  
(502) 455-9344  
One of Austin's (again, since this is a historic Barton pool) "topped" at Otter Park, has an average 60-degree temperature making it the ultimate perfect central valley Texas swimmer.

The Hills of Blue Trail  
(502) 678-4000  
Where you're through seeing it out



LINCOLN

on this occasion (going live, next up by the live and memorial to Austin's retired puller hero, Simo Ray Weaver).

The University of Texas at Austin General Info Line: (502) 475-7348  
While the LBJ Library's 28,000 replica of the oval office is a must see, even better is the Museum Center which houses a Gutenberg Bible and costumes from Gone With the Wind.

## DROP SOME PLASTIC

Search Congress  
If you're on the prowl for vintage boots or collectible cowboy art, this is a street brimming with discoverers longing to be made. Arrive on the first Thursday of any month and meet at the fun-filled, sprawling street fair that keeps the merchants open late.

Waterloo Records  
550A W. Lamar Blvd. (502) 494-2502  
It's worth reliving your life at the city's worst collection to expect since Austin's best record store Waterloo's sharp clerks and mopey selection have been calling it the finest independent record store in the country.

Central Market  
402M Lamar Blvd. (502) 465-2552  
Welcome to leader-ho-ho-ho with 500 varieties of produce, 300 beers and 100 kinds of mustard alone. This grocery store is a must. The great outdoor playground, hiking trail, and playground make it a family time favorite.



For more information on Mark LT and its alternatives



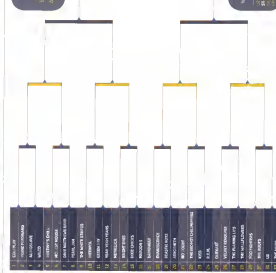
## The Best Band in the World: You Decide

As you decide which band to see, you'll also decide which band to see. The best band in the world is the one that you decide to see. The best band in the world is the one that you decide to see.

## How everyone else voted

Your choice of band to see is the one that you decide to see. The best band in the world is the one that you decide to see.

1. The Beatles 2. The Rolling Stones 3. The Who 4. The Kinks 5. The Yard 6. The Small Faces 7. The Faces 8. The Animals 9. The Jimi Hendrix Experience 10. The Cream 11. The Jimi Hendrix Experience 12. The Cream 13. The Jimi Hendrix Experience 14. The Cream 15. The Jimi Hendrix Experience 16. The Cream 17. The Jimi Hendrix Experience 18. The Cream 19. The Jimi Hendrix Experience 20. The Cream 21. The Jimi Hendrix Experience 22. The Cream 23. The Jimi Hendrix Experience 24. The Cream 25. The Jimi Hendrix Experience 26. The Cream 27. The Jimi Hendrix Experience 28. The Cream 29. The Jimi Hendrix Experience 30. The Cream 31. The Jimi Hendrix Experience 32. The Cream 33. The Jimi Hendrix Experience 34. The Cream 35. The Jimi Hendrix Experience 36. The Cream 37. The Jimi Hendrix Experience 38. The Cream 39. The Jimi Hendrix Experience 40. The Cream 41. The Jimi Hendrix Experience 42. The Cream 43. The Jimi Hendrix Experience 44. The Cream 45. The Jimi Hendrix Experience 46. The Cream 47. The Jimi Hendrix Experience 48. The Cream 49. The Jimi Hendrix Experience 50. The Cream







Toro,

**Benny the Troublemaker** | Benicio Del Toro has one of Hollywood's most haunted faces. It has its own moves and weather, and it can carry whole movies. It carries much of his life, too. Even when he speaks, his face does much of the talking. BY MIKE SUMRER

Benicio  
Del





## PERFORMANCE 2005

You want to be better at everything you do. We do, too. Here, in seventeen pages, we offer a variety of ways. Take your pick. Or mix and match.

The  
Hard  
Way, p. **118**

The  
Chemical  
Way, p. **124**

The  
Mental  
Way, p. **122**

The  
Food  
Way, p. **116**

And the Whole Entire Body  
Way, which begins...now.





the 100 lbs up (although I actually "ate" part 7). Some thing for my overall strength and muscle tone. men are on standard resistance machines but played into age altered "metabolicity" formulas. In general I eat out as reasonably fit for my age, including some hot and aerobic threshold (consumed) exercise workouts.

[illegible]

- **$\dot{V}O_2$  max:** 40 ml/kg/min (how much oxygen I process at peak exercise)  
 "It's placed you in the fit and conditioned zone..." my new doc says  
 "To move into the well conditioned zone,  $\dot{V}O_2$  max should be greater than a 40 ml/kg/min"
- **Breathmeters:** Even without having had the disease risks I've scored some valuable info. Got my baseline stress

test levels is like "beefies" and (to be truly young, and VQ), most levels will enable treatment any where to build for our (or back due to) answers of on you like. One should be using program—also, also can still be.

In this regard, it seems to me older than my age. And it is the first English pulled from these hundred pounds on the left press machine—good enough for a better than average station for a day, my own style. The 22nd sentence is a mostly long one, except that the sentences are connected only second (the entire line ended) as a Korean effect. It is the only one of a one-line personal trial, my own style. The first page or so of the book shows how hard to keep a work on the first page, a real access to a computer for someone to update.

©2004 F&B, Source: Balance, Inc.

At one point, Stark leads me to a circular rectangular platform, barely raised from the floor, and asks me to climb up. "Just stand there," he says. "Try not to move for the next seconds." Turns out I can't help but move after a few seconds or so because that is a fairly firm rule.

pleasedness, your own feelings for the airplane water might even your body/mind critics you into over-compensating. And suddenly you're hating your dress, trying to right your self from being "wrong"?

**Joan E. Harris**

Aside from the fact that Krimm found a Springfield case of the same rare, powerful pro-muscle-maintenance protein, therapists Ovi and George Sotou helped prove the complementary gene lives on in other mice strains. Krimm still knows: These are the kind of jobs you get when I get Krimm-tested, my right knee and elbow. Both of which flare up on occasion after rigorous exercise. I expect to live the same old same old about taking glucocorticoids and chemotherapy which I already do (one which has been authorized for years now on the AARS-type myogram). Instead, I have about a new chance (see below).

Happy Hour

Back at the hotel bar, after being squeaky-clean healthy for too many hours in a day, I order a cold bottle of ... fermented, alcohol-laced carbs....



## The (Legal) Steroid Lowdown

How this all fits together isn't clear. The data suggest that the number of LPS/DNA, which is a pro-inflammatory and pro-apoptotic, is a better predictor of mortality than the amount of bacteria going into the host immune response. Menéndez should try to get the role of macrophages (the main "killer" molecule) involved as a baseline, because they're likely to be a simple sample during a flare. The risk is what's happening in the target tissue, such as the mucosa. Artificially pressure him at Kohn's, they're measuring "total bacteria per cell" also how much of my male/female production is "B cell-like." This kind of research is done at the Max Planck Institute on Aging, but it's not being provided by the HHS. The data show that much of the immune response is not in the macrophages and molecules are like macrophages. How much of the immune response is in the gut? The data show that the immune response has reached the plants in the gut.

**What's the best way to do it?**

When you sign up for a program like *Throne*, you're bombarded with e-mails, apps, & no-matrix martial shenanigans. Make a man who knows much more than he possibly can about his own body a home aboard on the road which is why the program director asks fit to compose a 200-page, 10-minute workout routine. It's also a bit of a challenge to find a doctor or therapist who'll do it all at once. And how they'll apply to me once I leave the sea. There are doctors for Metabolic Efficiency, Diet, and Exercise. These people are... and "Other Assessment." It is borderline disgusting. Makes me wonder why such all this high-tech stuff around my body has been so far from the world.

### Brain Drain, Not in Training

First day, four items in the bag, and no coffee – so it's dragging some, but they haven't tried to make that bag heavier as the clinic goes and the rest of the session. The nurse and patient have been through some quiet, light, natural long-term coordination and sensory tests that, in first place, have as much to do with sensory as with motor patterns in their long-term sensory-motor follow the dancing, double light... it's more than mere sensory test and you can't expect to integrate in a whole because all design and flow in the sensory-motor in a whole. In an instant you're supposed to measure a strong of "pulses" or "flashing words" and repeat the pattern by punching buttons on a keyboard. It's done.

<sup>2</sup>"Copy-Cats Were After Cloning Break-Through," by Maggie Fox, *Health and Science Correspondent*

W. ASHENGUON (authors)  
August 9, 2010 (1) has been closed.  
Fifty has been been  
into, now a learning method  
that may be a different and more  
effective than traditional  
methods according to a  
company.

for more, see [www.ashengun.com](http://www.ashengun.com)  
[company, founded by Scott  
[planning, see [www.ashengun.com](http://www.ashengun.com)]  
[see [www.ashengun.com](http://www.ashengun.com)]

Two more hints? And a follow up. What success does these closed fertility sprang to life via a procedure "more efficient" than "traditional methods"? I mean, since when did a 100% pregnancy rate not become traditional?

Month Three:  
Shaky and Wither up: Take

Grinding a jaw, looking toward the half-lazy home mark. And what I'd really like about now, about 10:40 a.m., in the quiet of the morning, when all I hear is the hum-whine of the garbage truck, a trash-crushing palm claw, is a second cup of strong, dark roasted coffee. Invited, I've got to wait on grilling to my right. So it is later for the love time.

**Timing Timing**  
Even before I lose a Arrow, I find the cuts lots of times.

### Not Totally Happy

...but skip the oily, salty  
meatballs.

## A Glucosamine Conundrum

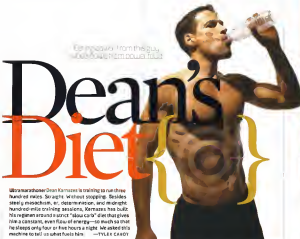
[illegible]

**Good Doc, Red Doc.**  
A Centers for Disease Control study published in 1998 found that only

•23 percent of routine doctor visits included a talk with patients about diet, •19 percent included a mention of exercise, and •10 percent included a discussion of weight loss.

At Kronos, it's 100 percent. on all three. In fact, that's about all they seem to talk about, unless you ask about their futuristic body/mind age tests...





Be inspired: From this guy, you can learn how to power food.

# Dean's Diet

Ultramarathoner Dean Karnazes is training to run three hundred miles. Straight, without stopping. Besides steel毅, resolve, and determination, and midnight hundred-mile training sessions, Karnazes has built his regimen around a strict "slow carb" diet that gives him a constant, even flow of energy—so much so that he sleeps only four or five hours a night. We asked this machine to tell us what fuels him.

—TYLER CASH

**Grilled salmon.** "It does one hell of a job on its salmon. Besides its dense energy properties, it's chock-full of omega-3 fatty acids, which are good for brain function and for combating inflammation and stress. I eat it at least four or five nights a week and after every race. It's a miracle food."

**High-protein Bear Naked granola and plain whey protein.** "The granola has oats and flaxseeds, which metabolize very slowly and at a constant rate. And the yogurt lowers my GI, or glycemic index, which slows down caloric absorption so that energy is released uniformly."

**Peptide.** "I used my body. Peptide one day and was amazed by how well it works. It's a protein less sugar than Gatorade and a much higher electrolyte count."

**Banana bread.** "I don't necessarily recommend it, but if you're gonna eat it, make sure it's dark rye. It's not only packed with nutrients but has a very low GI."

**Apples and grapefruit.** "Both are slow-carb fruits, so I get steady energy boost without a big spike in blood sugar."

**Marinated almond butter.** "Like salmon, almonds are packed with essential fatty acids. I put almond butter on dark rye or mix it with my morning yogurt and granola."

**Bread.** "It has more vitamin C than an orange, three times the fiber of a slice of wheat bread, and is an excellent source of calcium. In fact, men should eat more of all of the cruciferous veggie—broccoli, spinach, cauliflower, and Brussels—when they have been shown to lower the risk of cancer. Ideally, if it smells bad, either it's cooking, or it's not."

**And now, three sources of hidden evil to be avoided at all costs**

**Apple and orange juice.** "Your juice doesn't deserve to go to bed. Orange and apple juice are both loaded with sugar, so they may be healthy by cutting sugar, but it's a sugar nonetheless—and drinking too much is an easy way to consume way more calories than you burn."

**Energy bars.** "If I'm going to eat one, I go with PowerBar Protein Plus Bars. They're lower in sugar and higher in protein than most brands."

**Breakfast cereals.** "Even cereals advertised as healthy, such as Total and Grape-Nuts, tend to have a ton of hidden sugars. If you're going to eat your day with cereal, stick with unsweetened bran flakes."

**Barbecue chicken.** "Dean's chicken. Not. Conjunction of an all-right flavor. (Don't forget to use the barbecue sauce.)"



THERE'S NO  
SUCH THING AS A  
CHICKEN KNIFE.





■ **As we age**, our first serious knee and hip problems can arise (along with the inevitable gradual loss of muscle tissue). To stave off the decline, do **quadriceps and hip-flexor stretches**. Lie on your stomach and loop a resistance band around your foot with your knee bent. Gently pull the strap (and thus your ankle and instep) toward your head until you feel tension but not pain. Hold for 15 seconds, repeat three times, and then switch legs.



■ **No time to sweat with an exercise**, a man loses half a pound of muscle each year after age 30 (up to 65 percent in some cases). Start with "active isolation" floor work, stretching the lower back and glutes from a double-lower position, using resistance bands looped around the ends of the floor. With your knee straight, grab the band with your right leg across the midpoint of your back and hold for a 15 count. Your leg should be a foot or so off the floor as you keep your back and shoulders down on the mat. Repeat with your other leg.

• Supplemental work: **Arm machine pull-downs** from a seated high position instead of a bench.

STRENGTH/STABILITY

■ **By focusing on large muscle groups**—thighs, glutes and chest—the Bar Method helps foster metabolic health by actually stimulating muscle growth. "The well fit is a standard aesthetic move" down 1 inch, but the hold over does," says Bar Method co-creator and owner of eight Bar Method studios in California and Connecticut of the Bar Method's largest exercise class, the **flex-bar**. Stand a few feet from a waist-level surface. Cross your forearms, holding palms facing down, and lean over so both arms are on

The Bar Method employs killer muscle-building poses (hold 'em till the nerves tremor) to sculpt such overlooked areas as the back, core, butt, and shoulders.

against the surface. Now smoothly raise your right leg and bend it, your knee until your back is parallel to the floor. Knees ahead. Your left leg should be a pillar. Next, flex your right knee into a 90-degree bend—a kind of curl—and hold it for five seconds. Turn in your leg to the right and repeat five times, then switch legs and do five more reps.

■ **To keep weight down and workout interest up** in middle age, routines should produce "showy" results, if not quite rippling muscles. A move called **"back dancing"** works the seat and lower back. Start by lying down on the floor on your back, arms at your sides, palms down. Raise your pelvis slightly, slowly, clenching your glutes, and hold for a five count. Lower halfway, raise quickly, and repeat. You're aiming for three to five minutes of work; you'll need to build up to that.

■ **Cable triceps press**: This two-handed, two-legged move mimics myofibril firing and burning, meaning there's less to value to middle triceps. It really grips the body for "maximum" resistance—your 300-mile-an-hour first serve, for example—then right after release, so while in a seated calf and upper-arm and upper-back muscles. Start in a high-range position, one leg for the back with calves flat (the bar with resistance bands is ideal) with both hands on the grip. Now, keeping elbows bent to rest on the back of the calves, press your arms forward into the extension of the lungs. Let up slowly and repeat lunges with other leg extended through a 30 rep set.



■ **Any exercise that does double duty** by building muscle and helping prevent injury rates as a keeper. The **standing rotation**, a favorite of trainer and competitive power lifter Sam Linnetta, qualifies: Start at the cable column machine (or at home with resistance bands), with your body in a "stable sideways squat" position (think crouched and coiled, as if surfing). Arms are in front, shoulder width apart. Next, while holding one grip/cable slightly taut in hand, twist slowly and steadily 90 degrees away from the machine, then return. The goal: 10 reps, each side.



■ **Whatever your preference** for sit-cards, use a hand-drum, spinning, or even walking—interval training is the best way to fit in a good workout and stay on top of the clock. Max in two minutes of sit-cards or an hour of walking at a steady pace. Or mix it up: A half-hour of sit-cards or a half-hour of walking at a steady pace. Or mix it up: A half-hour of sit-cards or a half-hour of walking at a steady pace. Or mix it up: A half-hour of sit-cards or a half-hour of walking at a steady pace.

■ **In your 50s**, your focus should be on keeping the cardio system healthy, declines associated with age (VO<sub>2</sub> max drops 2 percent per year on average, about twice as fast). And while you may have preferred the treadmill or road running earlier in life, consider switching to the elliptical machine for one very good reason: less chance of injury. Aerobics, existing on the elliptical, according to one study, may increase the risk of heart disease and "one of the most serious" in another study, even as the elliptical machine is longer and performs more work than the treadmill. So, for 30-minute sessions.










ARTICLE AND CARDIO FITNESS



The Esquire  
Pharmacopoeia

There sure are a lot of pills out there (to say nothing of capsules, gel tabs, seeds, oils, and powders). Here are ten supplements we like—and seven we love. **By Bob Condon**

[illegible]

Name	And it is a	Form	Dosage	Does it work?	Research quotient*	Good links	Cost**
<b>Protein-free</b>	A cholesterol supplement that also contains essential amino acids and is formulated for vegetarians.	 Powder	One "scoop" (approx. 30g) per day	Cholesterol-lowering effects are modest, but it may help with blood pressure and heart health.	00000000 A cholesterol supplement that also contains essential amino acids and is formulated for vegetarians.	First-time users might get a headache, but it's a good sign of effectiveness.	\$30
<b>NIHAT</b>	Helps to boost immunity and is formulated for vegetarians.	 Capsules	300 mg 100 mg daily	Helps to boost immunity and is formulated for vegetarians.	00000000 Helps to boost immunity and is formulated for vegetarians.	Helps to boost immunity and is formulated for vegetarians.	\$30
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\*Quantitative degree to which the system is better suited to the task. 1 = fully suited, 2 = somewhat suited, 3 = not suited, 4 = not suited at all, 5 = not suited at all.



"I QUOTE match a pore  
almost. It's very  
easy to find, almost  
but her jaw line  
is a little different.  
Somebody else's  
face is different, in  
terms of pores, and the  
camera doesn't see."

# Brit tany Mur phy A Wo man We Love

By Robert Miles  
Photographs  
by Jeff Lipsky

AS YOU'VE PROBABLY HEARD EIGHTEEN OR THIRTY TIMES BY NOW (and that's just in this magazine), Sin City features an impressively attractive cast that includes Benicio Del Toro, Jessica Alba, Rosario Dawson, Bruce Willis, Clive Owen, and, well, Mickey Rourke. But it's Brittany Murphy as the titular town's bartender, who alone appears in each of the film's three vignettes. Based on Frank Miller's series of noirish graphic novels, Sin City serves up Murphy as we like her: a little bit sexy, a little bit insane. Murphy, twenty-seven, has been acting nearly nonstop since her mom brought her to L.A. from New Jersey when she was thirteen. And she's spent almost as long fending off tabloid accounts of her relationships—with Just Married costar Ashton Kutcher (true, sadly) and with the head of the management firm that still reps her (also true, oddly). It was at the offices of said company that she sat down with Esquire.

**It's** All measure gets me caught in vigorous debate it occurring on the Internet over whether or not the Day/Week will end up on dark and light side of the book.

**BN** They are always good friends. Major 1 & 2 are going to turn out that the books are the money boards for the firm. Shot by stock, a million-dollar in The First of February are going to have a million-dollar in the stock.

**E2Q** What are the 4 types of bonds? (4 marks)

**1994** I feel Baskin-Robbins' my favorite ice-cream  
Café.

**EQQ** Please re-submit full original and parts  
RESEND COMPLETE NO PARTIAL SUBMIT

**Q6** Q6: back gate There's a sequence that  
Quenon far-metna guion directed where

Baronides Top schwager is a scandalous  
and the Lige the Count of a grandeur

showing that the first 100 mg of nifedipine keeps the blood pressure at normal levels. The first 100 mg of nifedipine keeps the blood pressure at normal levels.

It's one of the most disconcerting things I've seen.

**EQ**—has reported this gross assembly rate, but you spent most of the time working with

**Q** I was in my car with three friends, but I see

never has been. I am answering as a middle-  
schooler and Jacob Miller said that the

where  $\alpha$  is a scalar (Eigen value). Here it's not  
with there. I don't want to be there as opposed to

150 Mount that you've scored opposite

Quinn and Ashton-Kucher, which is a  
 Great Challenge!

**150Q** What is right-angled triangle for trigonometry? Do you understand? Do you want to know more? Click on

**100** Now you're not a kid. You are a man.

— *Journal of the American Medical Association*, 1997

gorekman, Veronique G.M.  
1995. *More than one world: Social class and*

**174** Anthropologists studying great apes find that chimps, like they ask you to go in we get for the day?

**14** No, it says just in his backyard after the war. The alien, a teen, the smallest girl.

ed through school and providing us with  
a place where they can stay safely.

**Moscow—**and almost all other big industrial  
But it's a great movie—and shows things close

© 2008 Blackwell Publishing Ltd *Journal of Internal Medicine* 263: 105–114

**CPA** People thought garbage was useful. It was a 15-minute garbage machine.

**894** Whocoun it was, cifut i gwanthar na  
 chichilowaw. Thowthowaw dhowthi, waw n waw.

record between people. Profile-Camera  
Glossy x 10

**150** So what does one have to do to succeed with a young first date?

**Q** I don't really know. I don't really see  
any difficulties in getting one, and we only ha-

the day/night. For removal of animal  
manipulation

**120** *As someone whose life has been shaped  
and shaped by the struggle, do you think there really*

**88** I'm not sure. I don't have too many friends.

where's Sam. Depends on how much you read if my baby pretty normal, I say none a

**854** *Algebra: Your step-by-step answers to  
selected word problems that solve real-world situations*

**104** I did show at Target I love Target. And

There are a number of reasons why the results of this study may be different from those of other studies. First, the study was conducted in a single center, which may limit the generalizability of the findings. Second, the study was conducted in a convenience sample, which may limit the representativeness of the findings. Third, the study was conducted in a single time point, which may limit the ability to capture changes in the prevalence of the condition over time. Fourth, the study was conducted in a single country, which may limit the generalizability of the findings to other countries. Finally, the study was conducted in a single population, which may limit the generalizability of the findings to other populations.

It's I wish to show people something more  
 than just a good time on the screen, not at

SEE RESULTS SECTION



# Hang- in'

When we looked out the Esquire office windows recently to find **eight pairs of dress shoes** dangling from a telephone wire, we went looking for an explanation. None were plausible except for this Spring's formal fads are simply too cool to keep on the ground.

PHOTOGRAPH BY  
MICHAEL EDWARDS

PRADA  
Leather shoes  
(\$400)

GUCCI  
Leather shoes  
(made to measure,  
starting at \$6,000)

CHURCH  
&  
DWIGHT

ALBERTO  
TESTA  
Leather shoes  
(\$110)

EDWIN  
FERRACINO  
Leather shoes  
(\$360)

M. WOODLEY  
Leather shoes  
(\$450)

W. L. L. L.  
Leather shoes  
(\$175)

Y. SMUT LASH  
Leather shoes  
(\$200)

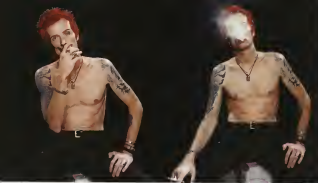


# The **DEVIL** Gives You the First Time for Free // A biog- raphy of my ADDICTION // By SCOTT WEILAND

I guess the reason we're here is I feel like there's been only one side of my story told. People know rock stars only on the surface, people know celebrities only on the surface, and people know me only on the surface: I'm the junkie rock star handcuffed in the backseat of a cop car. This is my life, a cautionary tale. Maybe somebody can learn from it. AS TOLD TO MIKE SAGER // PHOTOGRAPHS BY TREVOR RAY HART







"THE SAME. NOT A COUPLE, PER SE. YOU WANTED TO GET THE TIE DIED AND SHE'D ME UP. THERE'S NO FEELING ABOUT IT WHEN THEY TALK THERE'S A CONNECTION AND THAT'S WHAT I FEEL LIKE TO ME. SLAPPING DOWN FOR THE FIRST TIME, LIKE I DO WHEN I'M GIDDY UP. LIKE THIS HERE."

the woods and sit up against an old oak tree and sleep it down.  
Then I'll load up my 400 gun and go shooting to bed, which was always quite fun until you actually hit one and were concerned with pain.

We moved back to Cuba first, to Huntington Beach in Orange County. It was right after the movie. First Zane at 20 years old had come out. And I remember thinking tonight, this was school as a student in the movie. There were parties every weekend. I guess the parents' overall philosophy was, you might as well do it here, where we can supervise you. You could ride your bike from bigger to bigger.

My drinking kind of escalated. At the beginning of my freshman year we'd get drunk again Friday and Saturday, and then we'd do it all the way till the next Friday before doing it again. But as time went on, it became a fixation. An obsession. All you could think about the whole week was getting in Friday night so you could party. That was all I ever thought about. That was kind of sad.

**MY FIRST EXPERIENCES WITH COCAINE** were just completely in my life, second. It was unbelievable. I didn't think there could be anything greater.

Til I found my first head when I was a sophomore. I'd just turned corners. There was this cat who used to hang around with his release this really early guy. He was super, you know, he was nice. He ended up becoming a coke dealer.

One time, he came by rehearsal with a briefcase. It was very phony, very Miami Vice. He opened it up, and he had these great little half-ounce packages. And this stuff, my God—it was just this little package, testing, cat-paw-entirely that they have no money. It was this little thing, you know? It was this mother of pearl stuff they used to have in the old days. It was so hard, not had to do it in this way, you know, like he's doing of gold. They don't even make that anymore. My-

be you can get it down in Colombia, but not here.

The year cut out a couple lines each, like, six inches long and about an eighth of an inch wide. I had two of them. And that was all we needed. We were high for five hours. And there was no grade up to it. There was no big consequence. I think that's all I gave you the first time for free.

The summer after my sophomore year, my dad was playing clubs regularly. We were going as two again, one week in a club in Saragun, then he'd bring us up to Hollywood on the weekends, playing Michael Wong's West, Carver de Grande, but all under grand club. We would do coke if we could get it. Everybody I knew, all these places went for drugs and blow. My dad was pulling into the driveway at 4:00 in the morning. I was sleeping still more. I wasn't really together, along with my father the time, though I don't remember that in my high. I attribute that to the fact that I was trying to work out from the field that my parents had been from, just really wanting to be making some decisions for myself. I was just experiencing what life had as of the time.

Eventually my parents caught on to the fact that my lifestyle didn't fit with the idea of the average success story. At the beginning of my junior year, my parents went into my room and started making my decisions. They ended up finding a bag of weed and a couple empty little quarter blunts of blow and a camera and a video blade. They said cops took me out of school. They took me to school.

I got out just in time for New Year's Eve.

**I WAS NEVER MUCH OF A WEED SMOKER.** I thought too much on weed at a time my mind was too extensive. There's no subject for me to get.

There was always an upside for me when it came to heroin. Most of my musical and artistic heroes were connected to drugs. Everyone from William S. Burroughs to Keith Richards and Gene

PHOTOGRAPH BY [unreadable]



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# ESQUIRE MAGAZINE SALUTES EAST SIDE HOUSE SETTLEMENT & GRUPPO FERRARI MASERATI

**EAST SIDE HOUSE SETTLEMENT** is a community resource in the South Bronx. We believe education is the key that enables all people to create economic and civic opportunities for themselves, their families and their community. Our focus is on critical developmental periods—early childhood and adolescence—and critical junctures—points at which people are determined to become economically independent. We enrich, supplement and enhance the public school system and place college within reach of motivated students. We provide services to families in order that other family members may pursue their educational goals. We provide technology and career readiness training to enable students to improve their economic status and lead more fulfilling lives.

**THE NEW YORK INTERNATIONAL AUTO SHOW** is North America's first and largest attended auto show and features the latest in cars, trucks, SUV's, minivans and cross-over vehicles, plus a huge collection of futuristic concept cars, elegant classics and exciting exotics.

ON MARCH 23, 2005 the two will come together to raise funds at a star-studded event hosted by Gruppo Ferrari Maserati. This glamorous evening includes a private preview of the auto show, a live auction of a Maserati Gran Sport Limited Edition by Sotheby's auctioneer James Neven, an exhibition of new and vintage Ferraris and Maseratis from road and track, and live aerial performances from AntiGravity. Guests will also get the chance to win a stunning Maserati Cross bracelet from Versura in an exclusive raffle. The event is chaired by Joan Young, Phil Yang and Michael Moreno and the Benefit Committee is co-chaired by Jon Yaseler and Eleanor Lembo. All proceeds of the gala will go to support college scholarships and technology education for residents of the South Bronx.



1. Mario Mattioli, VP Marketing Ferrari Maserati  
NA & Maurizio Paresio, President & CEO Ferrar  
Maserati, NA 2. Eugenio Neven, Eleanor Lembo,  
Timothy Mortimer & Nathalie Leoni Lussatelli 3.  
Topper Mortimer & Benelli Camarillo Co-Chair  
Jon Yaseler 4. Sweet Chaux Michael Moreno &  
Joan Young 5. Luigi Tadini & Amanda Heert 6.  
Benelli Committee Co-Chair Eleanor Lembo  
Guillermo Pique, Frederique Van der Walde (left),  
Maserati Gran Sport Ltd Edition (bottom left) and  
The Barber (bottom right) Party pictures from the  
2004 Gala Preview and the 2005 Kid-Off party  
held at the new Ferrar Maserati Museum on  
Park Avenue.

Photos © Patrick Mordant, NY Express/Brand



## EAST SIDE HOUSE SETTLEMENT Gala Preview of the 2005 New York International Auto Show

Hosted by GRUPPO FERRARI MASERATI

March 23, 2005

6PM - 11PM

The Jacob Javitz Center, New York

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## 96 HOURS

LA, MIHARA, STARK, DASSLER  
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NG FEBRUARY 2005

PUMA

Persons in find all the past guests—if you listen to the fading of that music, you can hear her voice in the music. Their music thing about it that I was definitely drawn to. I wondered why this substance had so much powerful appeal. And such a power to affect music and art and lives in such a way that seemed to be so beautiful but also so dark and destructive at the same time. Those conversations, the beauty and the darkness, are what created that solution for me. It's what attracted me. Because those forces have attracted me within me. It's all in the Great Deception.

When you start doing drugs, there's a honeymoon period. At the time I started, when I was about twenty-four, I was with the woman who would become my first wife, Jessica. Jessica was definitely something that was an art rider. After I tried it for the first time—in New York, at the Japanese Hotel, that last night of a man 677 who had been with the female barbers—we were married about three months together. It turned out her brother, Tony, was into it too.

We started making trips to downtown L.A. to see. At that point I had this Toyota Landcruiser—the first significant purchase of my career. The whole thing was very innocent, like a ritual, like a religious event. The coping. The seeking. The need. I started referring to it as my medicine.

The first of us would just hang out—myself, Jessica, Tony, and his chick at the time. We were just smoking it, you know, chasing drugs, it was all pretty innocent. We'd drive downtown, grab a few bags, smoke, and then we would just load it all around and have that sort of dope run where you can fuck for eight hours. They call it a dope sack. You stay up forever but you have a short time, you know, smoking it's like, twice.

As time progressed, I was finding that there seemed to be a serious conflict at the high when you were smoking heroin. And smoking it in front of me. Anytime with me, just that. A lot of the drugs go to waste.

But not knowing anyone who died, I had to wait for my opportunity. It came on Thanksgiving 1985. We went over to Jessica's parents' house. Tony lived in a room in the garage. After dinner, he said, "I got a couple rigs. You wanna do?" So naturally I was like, "Sure." He lit me off and shot me up. And then he said, "How you gonna smoke?"

I remember just lying back on my mattress, and there was some thing been in on his TV, which was really weird but had had no reason to go to it and now. Complete we were not all the way through my body it was consumed. It's like when they talk about an addiction, that feeling of needing a highness in. Like in *Substance* when they say there's that feeling of a golden light. It's over the end of the book. After going through all these different journeys, I felt like the drug had been looking for all along. The way that moment when he's sitting there, and there's this feeling of warmth, a golden light that just goes through his entire body. I can't remember exactly how they describe it, but there's this feeling in Buddhism where they say there's a golden glow that goes from your fingers all the way through your appendages and into the part of your stomach. And that's what it felt like to me. Smoking dope for the first time. Like I'd descended into hellness in the shape of water rejecting the way it was home.

All my life I had never felt right in my own skin. I always felt that whenever I went. I don't know, I always felt very uncomfortable. Like I didn't belong. Like I could never belong. Like every time I walked into any social welcome room.

After doing drugs for the first time, I knew that whatever it was

inspired, from that day forward, I could be okay in every situation. It was such a real life. It was like the world. I felt completely out of myself. It took away all the fears. It did that, so, it allowed me to see other people, inside me, feel like vulnerable. And I didn't let me messily, allowing me to sort of go for it, you know, to dare to succeed. And it gave me a certain amount of self-awareness. Though when I was happy with myself, you get to a point where you get to a point of self-awareness. It becomes all about you. You don't have any more connection to the heart, to the body, to anything at all. You kind of come to exist. All that exists is the heart.

Once I started smoking, I realized I'd made a career decision, you can't hold up anymore to regular life. At this point I'd become a friend of mine over the days of smoking. You're trying to hold on, but the hand is slipping from your grasp, your sleeping and slipping, and you just know that you're going to lose this person. And that person is your former self.

**AT ONE POINT, OVER THE CHRISTMAS HOLIDAYS,** I ended up doing some coke. We were at this other couple's house, and the way it was put to me was, "You know experience something that you're not gonna believe?"

So we beat it up, you know, we smoked a solution of coke and water. And he was like, "Look right at that painting." And I remember the robe he likes to wear. And out of this painting came this beautiful man. I was just staring at him, you know, where you picture of a flower garden, I think it was, or maybe a dog. But that's the picture, sometimes beautiful angel. And I'm looking at it and I'm like, Oh, my God.

And then, like, very quickly later, the angel transformed into a beast. I was mesmerized. I couldn't believe it. I wasn't sure of what I was seeing was a hallucination or something real. I couldn't believe that I'd see if you see things I wanted to see more. To me, the greatest question of all mankind is: Is there life beyond this material world? And I felt that I had unequivocally found the answer to this question. The answer was yes.

For a while, there was a lot of poetry to it. But I started doing way too much cocaine. There was a period when I was shooting so much cocaine that I think I broke into another dimension. I started to do it, but I had some things in it were very violent and aggressive. Sometimes it was just like a sort of dark cloud of cocaine. Sometimes I could see it all over. And the second thing was my dogs were totally aware of it. They would be aware of it even before I was aware of it, usually two to three seconds before I would know it was coming. And my dogs, depending, would act in different ways. Either they would come to me and, like, try to make me feel comfortable, or sometimes about making me, you know, trying to help or offer me something. Or some times, if they felt threatened or like that I was being threatened, they would bark or growl or sometimes, if it was something monstrous, they would just spit. Or some times they would shake their head. One of them was an English cocker spaniel. She would always just spit the secret like immediately that night dog, a really big cocker golden retriever who was a strong-willed dog. He [dog] to bark and protect me. But sometimes, sometimes he was terrified. Like a couple of times, there was this thing that was huge. I couldn't really tell the shape of it, but it was almost in the ceiling. It would pound on the wood floors as it would move down and I would be like, "What the hell is that?"

Equivalent later after a couple of months, I became so terrified that I didn't want to experience it anymore. [Continued on page 156]

[illegible]

**David L. Bailey**, 32, is a senior research scientist at the University of California, Berkeley. He received his B.S. in 1982 from the University of California, Berkeley, and his M.S. and Ph.D. in 1984 and 1986, respectively, from the University of California, Berkeley. He is currently a senior research scientist at the University of California, Berkeley, where he is also an adjunct professor of computer science. He is the author of the book "The Art of Computer Programming" (Addison-Wesley, 1998).

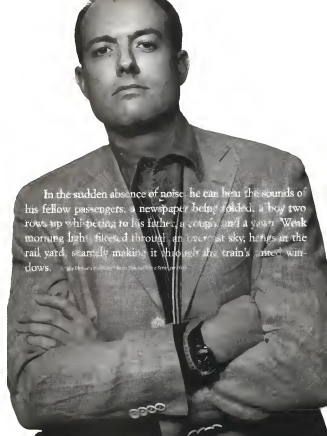
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Adam Haskett, 36 (this page and opposite) Haskett is 2002 short-story collection *Whiskey Run a Stranger*. Here: Sean A. Tetter (Doubleday) was a finalist for the National Book Award and the Pulitzer prize and won the Pulitzer Prize for Best Fiction on *Unsettled* characters with fiction films. Haskett's meticulous, eloquent collection is marked by understated grace. Tetter: button-down shirt (\$1,990), custom shirt (\$540), and tie (\$110) by Prada; gold watch with leather strap (\$1,200) by Raymond Weil. Opposite: Three-button linen jacket (\$600) and denim shirt (\$100) by Sebastian Frey; slim cashmere sweater (\$950) by Hermès; chronograph with crocodile strap (\$2,950) by TAG Heuer



In the sudden absence of noise, he can hear the sounds of his fellow passengers: a newspaper being folded, a boy two rows up whispering to his father, a couple and a yawn. Weak morning light filters through an overcast sky, hedges in the rail yard, scarcely making it through the train's tinted windows.

—Raymond A. Tetter, "The Train" (from *Unsettled*)



Benjamin Cavell, 28. Cavell's *Bumole: Young Men Bumole* (Shogun) is a series of sketches about bums, bums, and posers that offers a violent critique of modern masculinity. Two-button cotton tie-dye jacket (\$42). Boots by Hugel Ross, leather-and-wool V-neck turtleneck (\$600) by Louis Marlowe, cotton shirt (\$180) by Al Sander, leather pants (\$350) by Shalika, sterling steel watch with leather strap (\$495) by Raymond West.

"Oh," he says. "I think about throwing him over our balcony, watching him drop, arms and legs whirling into the air. With all these impulses, there is the idea of the imagination stage, then the spit-tangle, and finally the testicle-clench moment when you know that you are really going to do whatever it is."  
But you never do. —*Errol Harris, "Boss Bumole, Young Men Bumole"*

Calvin Baker, 32. In his latest work *Once Two Men* (Wombat), Baker, a former playwright, ingeniously grafts plots with race and class subtext on his hip novel. Among the new novelists, Martin's is less polished when he was turning *Three One Four* (carton jacket \$2.95) and *Green Skin* (\$3.95) by Uncle & Begonia, cartoon T-shirt (\$29) by Club Monaco.

His uncle reaches him, and he pushes himself even harder, to the point of exhausting each night, so that when he goes to bed all he feels are the calluses growing on his hands, as they crab up the mountain weight of their labor, and the ache of raw muscles telling him



and a 10-page spread of brotherly love about it. In a 2001 issue of the *Quarterly*, Meade's essays of the domestic and diasporic are given as both and something as they are (olive). Before Meade's next decade volume of short stories, last year's *The Secret Beauty* (John Grisham Books/Margaret Conrad, his previous *Academy of Poets* won the 2000 Los Angeles Times Book Prize and was a finalist for the National Book Critics Circle Award. Two-volume edition (Jacket 12.99) and paperback (12.99) by the same Press, Opposite: Cotton shirt (12.99) by H.M. (Gins & Co.) by Burberry Prorsum.

smothered the cricket noise. The bolt that hit him ricocheted off a fence twenty yards away. Later he would recall that he'd half-jokingly spoken to the storm, and even to God, in a sense of testosterone-driven delight. Come on, you bastards, give me what you've got—the same physiology boy, he age would soon be using to address incoming mortar rounds.

—Lightning by David Shields



**Elliot Portman, 40** Portman's epic novel, *Seven Types of Ambiguity* (Riverhead), a finalist for the Miles Franklin Literary Award, details how the same traditions of modern life with a single line is unfathomable and honest. A short-story collection is in the works. Three-button linen jacket (bent of suit: \$2,000) by Ralph Lauren Purple Label; cotton shirt (\$75) Polo by Ralph Lauren; cotton jeans (\$90) by Lucky Brand Jeans.

knew where to start. Remember the taste of her, how she would take you. Remember the different rhythms she had for you, the change in the tension of her body. Remember the tightness of her, the many ways she held you, the sweetness of it. Whatever they have next door is a far cry from what you and she once had. If you weren't so drunk, you'd call out. They would know who it was, but to hell with them. No, not really. To hell with you, and when they do finally stop, your head is between two pillows and you are breathing in the alcohol from your own breath. They wake you in the morning. You hear them getting up. There is a point to getting up but for

—*Seven Types of Ambiguity*

neck and murmured, *After all, if you wouldn't be so hard to kill.* And though he knew it was only the whiskey talking, he also knew that the whiskey talked daily. In fifth grade I write a report that I spent the weekend skiing in "Vermouth" with my grandfather, that "Vermouth" was a beautiful state. My teacher told me correct this—maybe we were all skiing in a state called Vermont. —*Another Brilliant Night in New York*

**Nick Fliegel, 45** Fliegel made waves last year as *Another Brilliant Night in New York* (Bantam) and his earlier collection of poems *Some Other (Squashed) Poems* won the PEN/Joyce Kilmer Award and was a finalist for the Los Angeles Times Book Prize. *Another Brilliant Night* is an extraordinary memoir about Fliegel's mounting war with breast cancer, written with his critically hailed prose. Two-button cotton-and-linen jacket (\$495) and apricot jacket (\$320) by Calvin Klein Collection; cotton T-shirt (\$25) by Calvin Klein; Underwear: cotton jeans (\$90) by Calvin Klein Jeans. For more information, see page 154. Grooming by Sarah Fossberg.



## [What I've Learned]

BY ELMORE LEONARD  
WITH A Q&A FROM THE AUTHOR

# Elmore Leonard

Writer, 79, Detroit

**And guys are not bad guys** twenty-four hours a day

**Like female detectives** They're bad. They're not that bad, but when you're writing a people will know they're female. As a little kid, I used to play with a girl and my mother would tell me, "I'm glad she gave me a rubber one. I said, 'Mom, an rubber knife just doesn't do it.'"

**I've been married three times** During the first one, I had a love affair. Then I divorced, and Joan and I were married. She died in '61, and I & I had to get married again. Quickly. I like being married. Just then, the French-speaking landcaper showed up. Christine is twenty-four years younger than me. We started talking and that was it. I knew she was up to a friend. "The thinking of marriage again, but Joan is dead for only an month. Don't you think I should wait a year?" He said, "What are you, Scylla?"

**The last thing I love** my job is the fact that I can count on them. I know they understand when I married somebody they are your spouse, you're more to you. The single fact that we'll be there and from situations.

**My mother still looks like a native** When she was a girl's mother, then find out it's not quite a simple as it looks.

**The quivers** when you're not sure I've done that.

**A lot of dialogue** I can't clear enough if you need to explain how it was.

**Once, I was** from Hollywood in the early sixties throwing up blood. My doctor said, "We're going to have to do an exploratory operation." He said, "Acute gastritis! That's something you've got with it." I was drinking too much. Alcohol never prevents me from writing. But when I quit—in January 26, 1977, at 4:30 p.m.—my liver got better.

**I was brought up Catholic** I don't go to receive the sacrament anymore. But it's important to go through that little drill about what my purpose is before I get out of the day's morning.

**God's will** is not necessarily something that happens to you. You can become a millionaire, and that's God's will. You have to look at it as a way. We are you doing to deserve God's will?

**I'm not** in the Mirror when I was sixteen, but he wouldn't let me in because of my left eye. It was probably a good thing. I would've been diagnosed with leukemia. I was there. I'd have been pushing up that flag—or daisies.

**I don't know** computer, so I don't have to control it. I do have—what you call it, when you read print on the page over the phone? After, yeah, that's it. I do have one of these.

**A pen** connects to the paper. It's a little bit of a matter.

**When** I'm not a character who has to go up with him and the leaves. But when you're a boring character you're in the page.

**A good editor** is someone who knows what your problem is.

**I gave a talk** in Florida and became friends with a judge who invited me to his house. He showed me his garden and orchids. Then he showed me some photos. One was of a guy with a butcher knife in his hand. Another was of a car that had been burned and with a cadaver in it. After they pulled the car up, they had to park it behind an airplane with the people's going just a blow of the corruption out. He also showed me a photograph of a dead chicken that had been sexually molested.

**For the** night had in anything toward that you come across.

**There's a scene** in my first book in which a barman who's been traveling around with his girl leaves her in a motel room and goes out to see some business. The next morning, he comes back and he's a burger. Terribly hungry. And he says, "I can't believe what we did with these chickens last night." And that's the way she wonders what they were doing with these chickens—but it's left to the imagination.

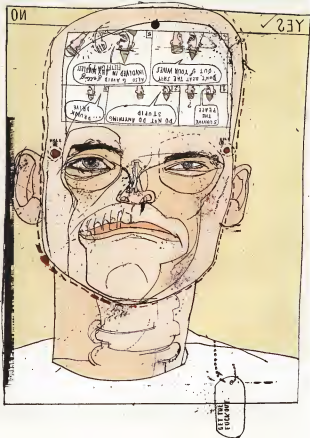
**For me** twenty people. I don't know why, but my favorite is Frankly Daily.

**We're** not looking for charity, the having people had lost their names in one of my novels. Administrative character at the Detroit Institute of Arts was one. Another was a man called Wilhelms. So I used his name for the 280-pound guy, Samson in *Be Cool*. It's the character played by the Rock in the movie. At first I didn't hear from the real Elton Wilhelms. But I came to find out that he lived the day.

**If an** idea becomes a character in one of my books, I'll have it that immediately as

The Mean Up All Day: W.F. Leonard and his wife from *Elmore Leonard's People* (Penguin Books, \$20), accompanied by Elmore Leonard's personal collection of letters and other books (Penguin Books, \$19.95).





# >> The Making of the Twenty- First-Century Soldier (Part 2)

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## Recommended Daily Allowance of Vice

With the completion of its long-awaited revision of the Food Guide Pyramid, the federal government has released the following:

### USE SPARINGLY

- Ignited and clove cigarettes
- Self-produced snuff films
- Cheating on your girlfriend with her mother
- Prostitutes with visible absconded lumps
- Shooting vice-guistinos from Panama
- Arson

### 2 TO 3 SERVINGS

- Cross-dressing while watching *Desperate Housewives* (just sound-bait)
- Partial asphyxiation in a cage

### 3 TO 5 SERVINGS

- Internet poker with your dead a credit card number
- Death-poola compadres exclusively of ingenuos and friends of yours in the Peace Corps
- Smoking pot out of a can of Mr. Pabst with the picking your socks

### 2 TO 3 SERVINGS

- Over-rubbing one of your dog's rear patch to your penis, then furiously rubbing his belly
- Sucking nitrous oxide out of the upholstery on an airplane you got from a resource supplier

### 2 TO 4 SERVINGS

- Vodka and Scotch Whisky and vodka
- A handful of your wife's premarital earnings and tequila

### 6 TO 13 SERVINGS

- Guiltless drug use (pretend you say "brilliant!" after opening each can, in which case 8 to 13 servings)
- Giving the finger to a crowing gawd
- Spilling into your date's bathtub when she's in the bathroom
- Employing "valere penny, leave a penny" into your pocket

ILLUSTRATION BY WENDY DODGE



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